COUNCIL ON AGING ADVISORY BOARD AGENDA Wednesday, July 15, 2015

Call to Order: Chair Sonja Heiser called the meeting to order at 9:00 a.m.

Approval of Agenda: A motion was made by Supervisor Wayne Gustina, seconded by Marti Everts, to approve the agenda. Motion carried.

Roll Call:

Present: Jean Boyle, Marti Everts, Dawn Fossum, Supervisor Wayne Gustina, Sonja Heiser, Jan Kinnaman, Jo Ann Koltyk, Char Levzow, Daryl Porter, Sue Rasmussen, Pam Strom, Chuck Wilson

Excused: Nancy Arnold, Peg Slaback

Staff Present: Joyce Lubben, Julie Seeman

Introduction of Visitors: Also present was Ellen Wiegand, Beloit Meals on Wheels.

Citizen Participation, Communications and Announcements: Jo Ann Koltyk reported she finished up a Lighten Up! workshop with 8 finishing the course. She encouraged this to attend the Lunch and Learn and four of them did follow up.

Ellen Wiegand stated that the newly created Scoville route is going well. Residents have been recruited to deliver the meals. The annual meeting is next week at the newly renovated Beloit Club.

Julie Seeman share information on the caregiver Arts & Relaxation event to be held on August 27, 2015 at Rotary Gardens. She also stated that a Powerful Tools for Caregivers will begin in August.

Joyce Lubben distributed a handout from the Survival Coalition on their review of the new state budget.

Approval of June 17, 2015 Advisory Board Minutes: A motion was made by Jan Kinnaman, seconded by Daryl Porter, to approve the June 17, 2015 minutes. Motion carried.

Staff Report:

<u>Status of Mobility Manager Position:</u> Joyce Lubben reported that Molly Nolte has been hired as the Mobility Manager. Ms. Nolte has worked at 911 Communications and is currently the County Clerk Specialist in the County Clerk's Office. She will begin as Mobility Manager on July 20, 2015. Chuck Wilson asked that she be introduced at the next meeting.

<u>"Let's Talk About Medicines" Workshop:</u> Joyce Lubben reminded members of the "Let's Talk About Medicines" workshop to be held on August 14, 2015.

Old Business:

2016-2018 County Aging Plan:

- a. Approval of Proposed CoA Mission Statement: A motion was made by Marti Everts, seconded by Pam Strom, to approve the new mission statement as amended. Motion carried. The new mission statement is, "The mission of the Rock County Council on Aging shall be to advocate for the independence, self-worth and dignity of residents of Rock County by assisting them to meet their varied health, nutrition, economic and social needs."
- b. Public Hearing: Joyce Lubben stated that the public hearing on the 2016-2018 County Aging Plan will be held on September 9, 2015 during a regular meeting of the Advisory Board. There was discussion on how to best reach the public for input on the plan. Joyce Lubben will develop a flyer with talking points for each board member to take into their own communities. Feedback will be compiled at the August meeting.

Report from "Living a Self-Determined Life" Conference: Sue Rasmussen stated the conference was very good. She attended a workshop on Home Modification Tips. They shared information on a number of small modifications that can be made on the outside of homes to make them safer. She also attended a workshop by GWARR on their efforts to reach veterans. Unfortunately, the program is linked to VA hospitals, and since the VA hospital located in Madison is not participating, those services are not available in Rock County. A third workshop she attended was on Livable Communities provided by AARP. Another workshop was on dementia friendly communities. Sonja Heiser stated she attended a workshop on supporting the right to self-determination through the dying process.

<u>Potential Collaboration Efforts/Strategic Planning Ideas:</u> Joyce Lubben reported that the staff has been working on these for the 2016 county budget.

Reports:

<u>County Board of Supervisors:</u> Supervisor Wayne Gustina reported that Chuck Wilson was formally approved by the Rock County Board of Supervisors as a member of the CoA Advisory Board.

<u>ADRC of Rock County:</u> Dawn Fossum reported that some of the ADRC staff are taking a Virtual Dementia Tour. The "change project" they are working on now is their follow up of calls. They have also been distributing the CoA workshop flyers.

Long Term Support Committee: No report.

Items for Future Agendas: None

Adjournment: A motion was made by Supervisor Wayne Gustina, seconded by Jo Ann Koltyk to adjourn. Motion carried. Meeting adjourned at 10:01 a.m.

Minutes not official until approved by the Council on Aging Advisory Board