

COUNCIL ON AGING

51 South Main Street (mailing) Janesville, WI 53545 3328 U.S. Highway 51 North (location) 608-757-5472 608-758-8472 (fax)

COUNCIL ON AGING ADVISORY BOARD AGENDA Wednesday, March 21, 2018

Call to Order: The meeting of the Council on Aging Advisory Board was called to order at 9:00 a.m. by Vice-Chair Chuck Wilson at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion was made by Supervisor Norvain Pleasant, seconded by Cherie Scholz-Baker, to approve the agenda. Motion carried.

Roll Call:

Present:

Jean Boyle, Jim Farrell, Sonja Heiser, Char Levzow, Vicky O'Donnell,

Johnny Owens, Supervisor Norvain Pleasant, Mark Richardson, Cherie

Scholz-Baker, Peg Slaback, Janice Turner, Chuck Wilson

Excused:

Vicki Gobel, Sue Rasmussen, Pam Strom

Staff Present: Joyce Lubben, Julie Seeman

Introduction of Visitors: Also present was Arianna Coleman, Nutrition & Health Associates.

Approval of February 21, 2018 Advisory Board Minutes: A motion was made by Jean Boyle, seconded by Sonja Heiser, to approve the February 21, 2018 minutes. Motion carried.

Citizen Participation, Communications and Announcements: Arianna Coleman stated she had heard from Green County that they were recruiting college students as home delivered meal drivers.

Jean Boyle shared two articles she found; Home from the Heart and an article relating to the number of fatal car accidents involving older drivers. Wisconsin has the highest incidents of fatal accidents involving older drivers.

Chuck Wilson reported that the Beloit Lions Club will be holding their diabetes kick-off next Tuesday at People's Church and at Grinnell Hall.

Joyce Lubben stated that there will be no April Advisory Board meeting due to staff attending state training.

Julie Seeman distributed the updated Helping Hands publication.

Staff Report:

<u>Update on Vacant Positions/Introduction of New Staff</u>: Joyce Lubben reported that all positions have been filled except the clerical position for the nutrition program. Lisa Jackson will begin as the part-time Health Promotion Coordinator on March 26, 2018 and Javier Huerta will begin as Mobility Manager on April 9, 2018.

<u>Update on Stand Up, Move More Program:</u> Joyce Lubben stated that the Stand Up program has begun. This is a research program in coordination with UW-Madison and the Wisconsin Institute on Health Aging. One group is going through the intervention now and another control group will be meeting later in the summer.

<u>Update on Dementia Live</u>: Julie Seeman shared that she is now a trained facilitator for Dementia Live and provided information on how the program works.

Old Business:

2019-2021 Aging Plan, Gathering Public Information/Feedback Discussion and Possible Action: Members shared information they gleaned from interviewing various county residents. Joyce Lubben will compile this information into one document for further review and discussion.

Reports:

County Board of Supervisors: No report

ADRC of Rock County: Vicky O'Donnell stated that the ADRC is now fully staffed.

Adjournment: A motion was made by Sonja Heiser, seconded by Peg Slaback, to adjourn the meeting. Motion carried. Meeting adjourned at 9:58 a.m.

Minutes not official until approved by the Council on Aging Advisory Board.