



## **MINUTES OF BOARD OF HEALTH MEETING**

**January 9, 2019**

Call to Order: Meeting was called to order by Chair Peer at 6:00 p.m.

Board of Health Members Present: Supervisor Peer, Supervisor Brown (left at 8:00), Dr. Winter, Dr. Meyers, Ms. Wade, Mr. Gresens, Supervisor Gramke, and Supervisor Rynes.

Board of Health Members Absent: Dr. Somaraju

Staff Members Present: Marie-Noel Sandoval – Health Officer; Dave Pluymers – Assistant Director; Rick Wietersen – Environmental Health Director; Kelly Klingensmith – Community Health Education Coordinator; Emma Peterson – VISTA AmeriCorps Intern; Risa Weisensel – Public Health Nurse; Anne Weirich – Public Health Nurse; and Jessica Turner – Administrative Services Supervisor.

Others Present: Bridget Laurent, Deputy Corporation Counsel; Jo Ames, Rock County Public Health Department; Abby Diehl, UW-Madison; Mark Schroeder, Attorney; Jerry Colquhoun, Homeowner; Jackie Colquhoun, Homeowner; Elizabeth Pohlman-McQuillen, Justice System Manager; Kate Luster, Human Services; Denny Luster, Licensed Professional Counselor; Tim Tollefson, Clerk Town of Harmony; Jeff Klenz, Town of Harmony Board Supervisor; John Bergman, Town of Harmony Board Chair; Bruce Hudson, Septic Installer; Ian Hedges, Health Net of Rock County.

Chair Peer welcomed the visitors and asked the Board members to introduce themselves. The Board members introduced themselves to the community members.

### **Adopt Agenda**

Ms. Wade made a motion to adopt the agenda. Dr. Winter seconded the motion. MOTION APPROVED.

### **Approval of Minutes – 12/5/18**

Mr. Gresens made a motion to approve the minutes of the 12/5/18 Board of Health meeting. Dr. Meyers seconded the motion. MOTION APPROVED.

### **Citizen Participation**

None at this time.

### **Appeal of Sanitary Permit Application Denial – Jerry and Jacqueline Colquhoun**

Mark Schroeder, Attorney, spoke on behalf of Jerry and Jacqueline Colquhoun regarding the denial of their sanitary permit application. Mr. Klenz, Mr. Hudson, and Mr. Bergman spoke in favor of granting the septic permit. The Board members discussed the information that was presented.

Chair Peer asked Mr. Wietersen to explain Public Health Department position. Mr. Wietersen stated that the Public Health Department is obligated to follow the rules that are in place set forth by ordinances and the 208 water quality plan. The Board members discussed further. Chair Peer reiterated that the Board is obligated to operate under the law, but it has the power to create a variance.

Dr. Winter made a motion to approve the sanitary permit. Supervisor Rynes seconded the motion. MOTION APPROVED.

## **New Business**

### **Administrative Division**

#### **Review of Payments**

The Board reviewed the Health Department's December and prepaid January payments in the amount of \$7,108.30 and \$214.00 respectively.

#### **Transfer of Funds over \$5,000**

Transfer 18-100: Transfer \$8,200 from account #31-3000-0000-64000 Medical Supplies to account #31-3000-0000-65103 Public Liability.

Ms. Wade made a motion to approve the transfer of funds in the amount of \$8,200. Supervisor Brown seconded the motion. MOTION APPROVED

## **Health Department Report**

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### **In the News**

Ms. Sandoval told the Board that the topics that have been in the news include the importance of handwashing and the importance of lock up medications.

### **Surveillance**

According to Ms. Sandoval there were two outbreaks reported to the Public Health Department. One involved norovirus and the other involved varicella. There were also several carbon monoxide cases that were linked to a common workplace. There were also cases of influenza hospitalizations and pneumonia.

Ms. Sandoval said that the Annals of Epidemiology reported that people become more social when infected with the flu. This occurs about 48 hours before the infected person is showing symptoms.

### **Community Events/Outreach**

Ms. Sandoval told the Board members that Beloit World AIDS Day was held on December 5. The Public Health Department participated in a panel discussion about the connection between opioids and HIV/AIDS.

Ms. Wade asked if HIV/AIDS cases are going up or down. Ms. Ames said that there have been fewer than usual cases in our area, but statewide trends show cases going up in certain risk groups.

Ms. Sandoval told the Board that the Public Health Department provided comments to the DNR about the Badfish Creek. Mr. Wietersen said he checked with the DNR earlier this week and they are still reviewing

comments. The final decision needs to be reviewed by the EPA so the process is delayed due to the Government shutdown. Mr. Wietersen also stated that the public comment period for the DNR rule changes runs from the end of February to the end of April.

Mr. Wietersen told the Board members that the Nitrate Workgroup met last Friday and continues to meet monthly. They are trying to start a farmer led initiative.

#### Budget

According to Ms. Sandoval, she is wrapping up the 2018 budget and working on rollovers and transfers and finishing up grant billing.

#### Personnel

Ms. Sandoval reported that the Public Health Department will have two new members starting next week. Samantha Clark will be the new Account Clerk and Adrijana Pusnik will be the new Health Educator.

Ms. Sandoval also announced that Jo Ames is leaving her position as Public Health Nurse to work for the AIDS Resource Center.

#### **AmeriCorps VISTA project – Opioids in Rock County**

Ms. Klingensmith introduced Emma Peterson. Ms. Peterson explained the AmeriCorps VISTA program and her project. Ms. Peterson gave a PowerPoint presentation on Opioids in Rock County (see attached).

The Board members discussed Opioid treatment and recovery options available in Rock County. Mr. Hedges and Ms. Pohlman-McQuillen thanked Ms. Peterson for her work. Chair Peer thanked everyone in the room on behalf of the Board of Health for doing good work and improving lives.

#### **Infectious Disease Trends in Rock County**

Mr. Pluymers introduced Ms. Weirich and Ms. Weisensel. Ms. Weirich and Ms. Weisensel did a PowerPoint presentation on enteric diseases (see attached).

#### **Communications and Announcements**

None at this time.

#### **Adjournment**

Dr. Meyers made a motion to adjourn the meeting. Supervisor Rynes seconded the motion. MOTION APPROVED. Meeting adjourned at 8:10 p.m.

Respectfully Submitted,

Jessica Turner, Recorder

Not Official Until Approved by the Board of Health

# Landscape of Opioid Use in Rock County

Emma Peterson, AmeriCorps VISTA  
Rock County Public Health Department  
January



## Acknowledgements

Rock County Public Health Department  
HealthNet  
Wisconsin Association of Free and Charitable Clinics (WAFCC)  
Rock County Human Services  
Rock County Criminal Justice System and Jail  
The Recovery Community  
AIDS Resource Center of Wisconsin--Beloit  
Service Providers  
Prevention Network and Coalitions  
Focus Group Participants  
Local Key Informants  
Local Police Departments

An epidemic is an outbreak or product of sudden rapid spread, growth, or development

Opioids can be naturally derived and created in a lab

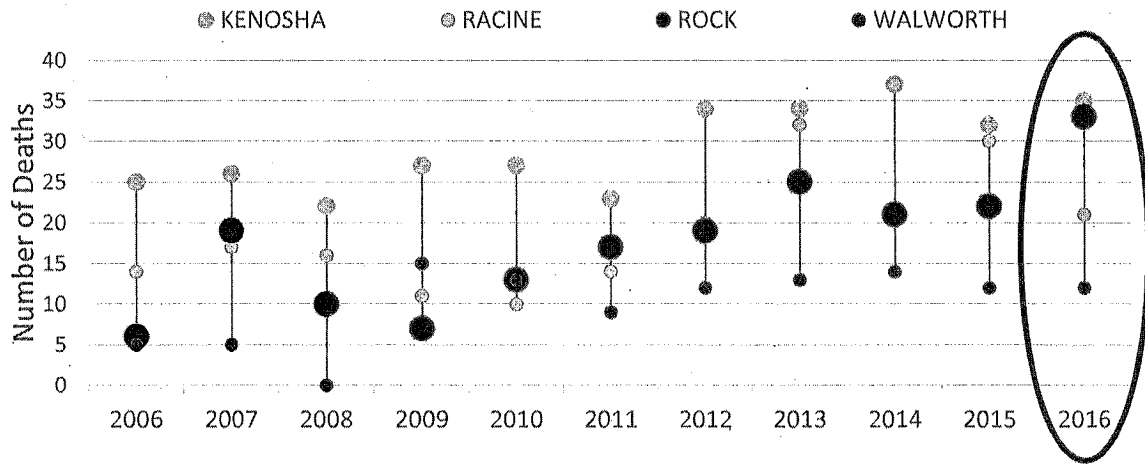
Morphine, Codeine, Opium, Oxycodone, Hydrocodone, Fentanyl, Heroin

Vicodin, Norco, Percocet, OxyContin

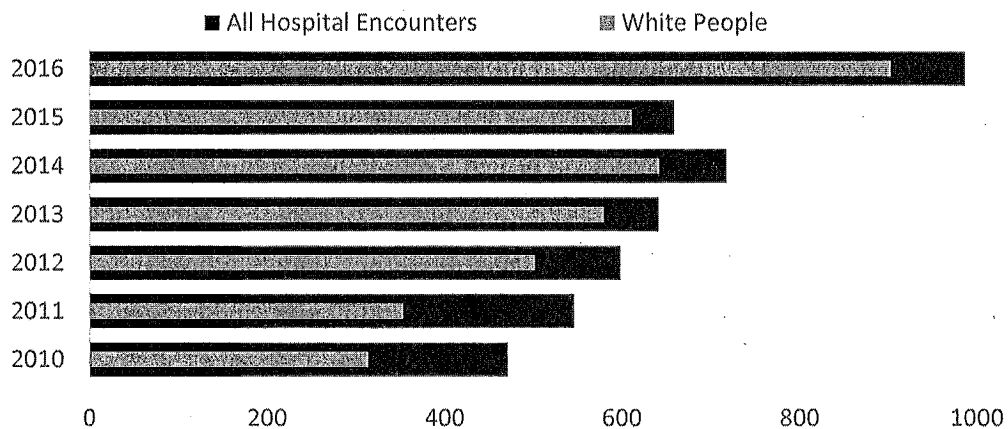
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Opioid-related deaths in Rock County in 2016

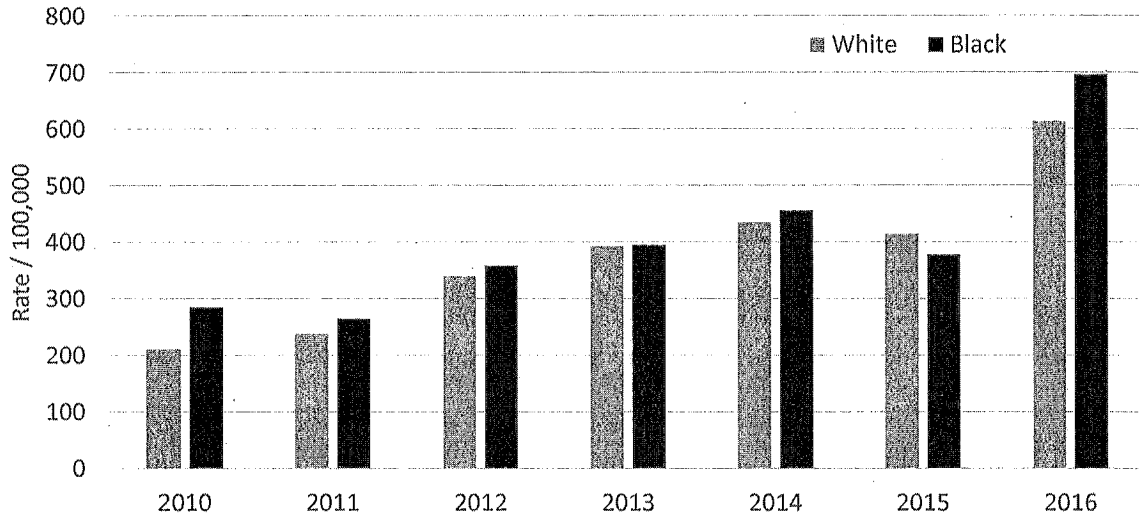
The number of opioid-related deaths in **Rock County** has been consistently higher than Walworth County, similar to Racine County, and for the first time came very close to Kenosha County in 2016.



Since 2010, **White people** have made up more than half of the opioid-related hospital encounters.



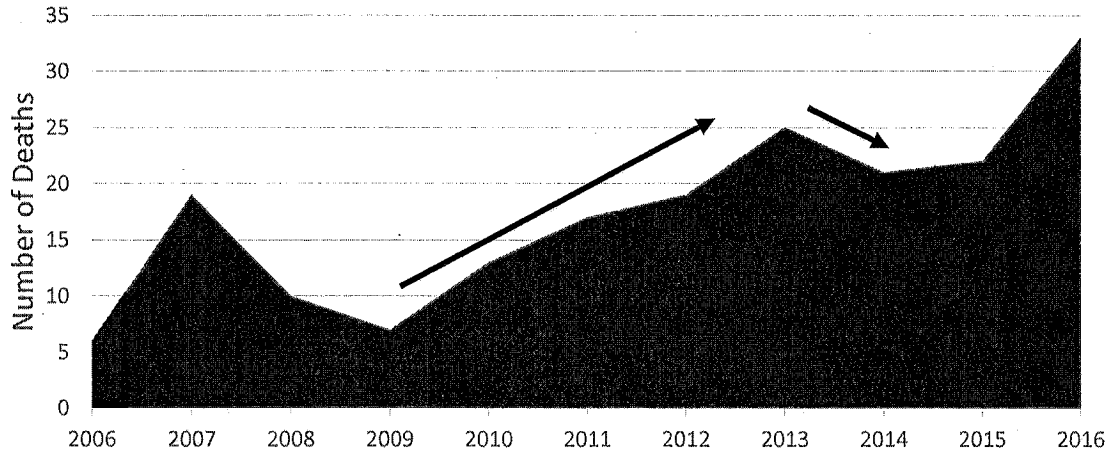
However, the **rate** of opioid-related hospital encounters of **Black people** has historically been higher than the rate of opioid-related hospital encounters of **White people** in Rock County.



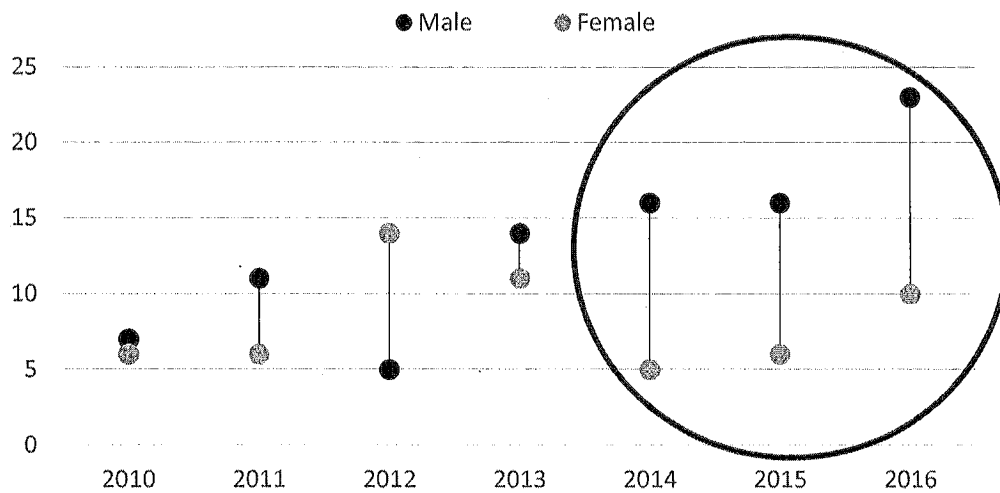
Since 2011, **25-34 year olds** had the most opioid-related hospital encounters in Rock County



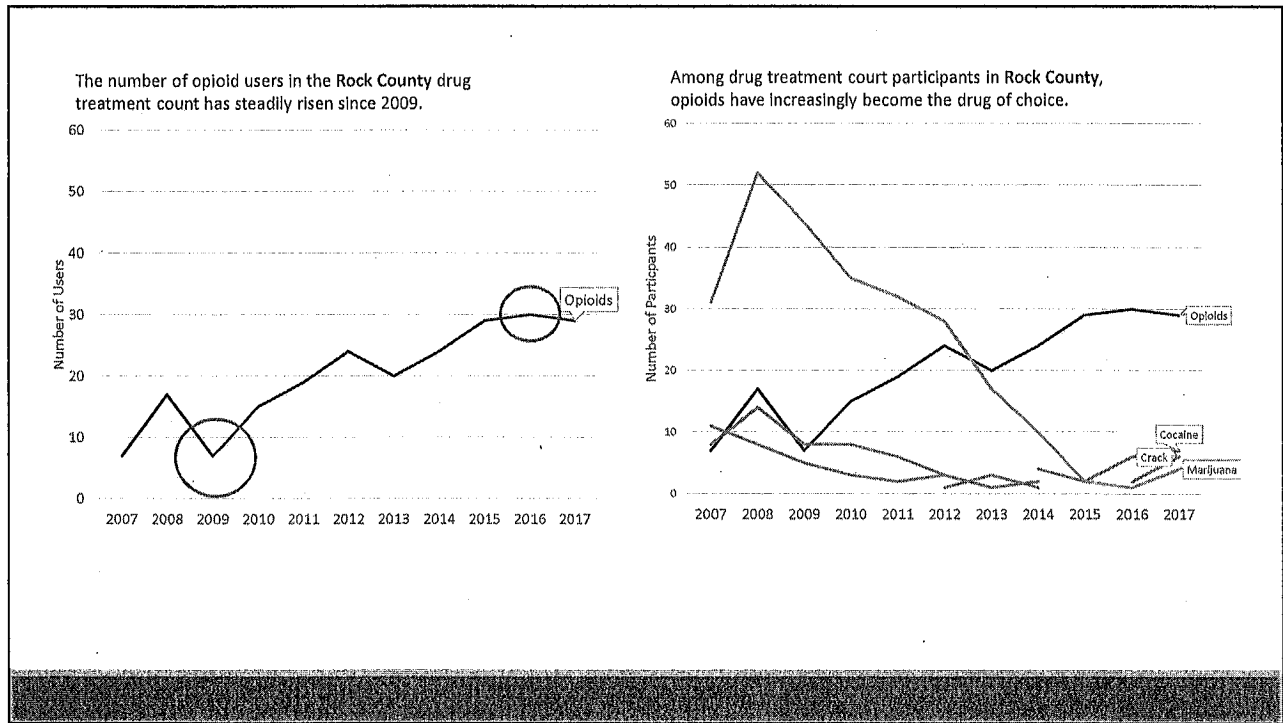
The number of opioid-related deaths in **Rock County** has consistently risen since 2009, apart from a slight decline in 2014.



Since 2014, male opioid overdose deaths have been more than double that of female opioid overdose deaths.







## Focus Groups, Key Informant Interviews and Community Survey

**Rock County  
Education and  
Criminal  
Addictions  
Program**

**Stigma**

**Inpatient and  
Residential  
Treatment**

**Detox**

**Other people in recovery  
Friends  
Doctors  
Internet  
Ads**

## Quotes

"There's a system prejudice too, if you're booked as a heroin addict you're treated differently."

Treatment  
needs to be  
more  
interactive

"I did try to find treatment, but inpatient is too expensive and outpatient is too hard to find, everything is overbooked."

There are so many dead ends. Sometimes they're not accepting patients or you need to get a specific referral. Sometimes the mandatory groups don't work with my schedule...They're not flexible at all.

The first time I was in prison, I was 19. I thought it was cool. I used my time in prison to make connects and get better deals.

It feels like you're about to die....When you're withdrawing you can't think

"Getting sober requires rebuilding your whole life."

"I'm about to get out but I'm scared."

## Service Overview

**4** Prevention coalitions

**3** locations where MAT is available to the public

**8** sober living locations

**11** Mental health establishments with at least 1 Certified Substance Abuse Counselor

## Rock County Service Gaps

Access to local inpatient treatment and detox

Sober living

Access to Medication Assisted Treatment

Adult prevention services

Access to clean syringes and supplies

# So what?

## Next steps: Substance Use Action Steps

Partner with the prevention efforts to provide targeted Narcan trainings

Create an Overdose Fatality Review Team

Continue involvement with Heroin Taskforce to help create systems change and align with  
Public Health 3.0

Continue involvement with Behavioral Health Redesign Steering Committee, Prevention  
Network and Coalitions, AODA steering committee

## Next steps: Substance Use Action Steps

Expand the capacity of HEAR's **Behavioral Health** workgroup

Advocate for and support a process to establish **residential and/or inpatient** substance use treatment in Rock County.

Establish a **Syringe Exchange** in Janesville in Partnership with Aids Resource Center of Wisconsin

Review/revise local **workplace** drug policies

Advocate for **higher reimbursement rates** for substance use treatment

## Benefit for the Community



Reduce health care costs



Decreased spending of county resources



Increase quality of life



Reduce transmission of disease



Reduce the number of deaths in the county

# Thank You

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Emma Peterson, AmeriCorps VISTA

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608-364-2006

Rock County Public Health Department

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Janesville, Wisconsin 53547-1088



# Enteric Diseases

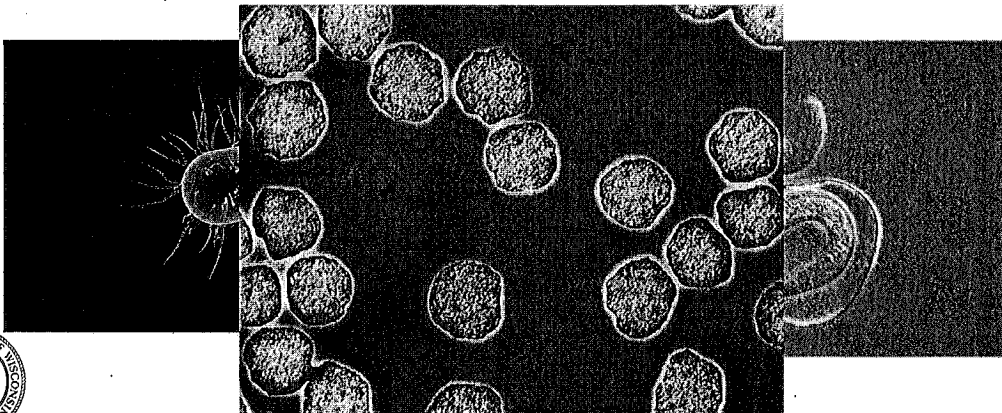
Anne Weirich, BSN, RN

Risa Welsensel, BSN, RN

Rock County Public Health Department  
January 9, 2019

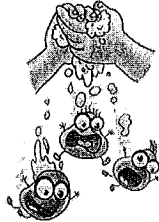


## What is it?



## How is it spread?

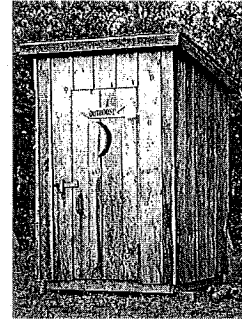
Poor hand hygiene



Fecal/oral  
route



Poorly prepared foods



Poor sanitation systems

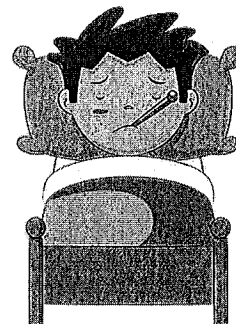


## What are the symptoms?

**DIARRHEA**



**Nausea and vomiting**





## In Wisconsin

Wisconsin has approximately

**18**

reportable enteric infections



## In Rock County



During the  
summer  
months

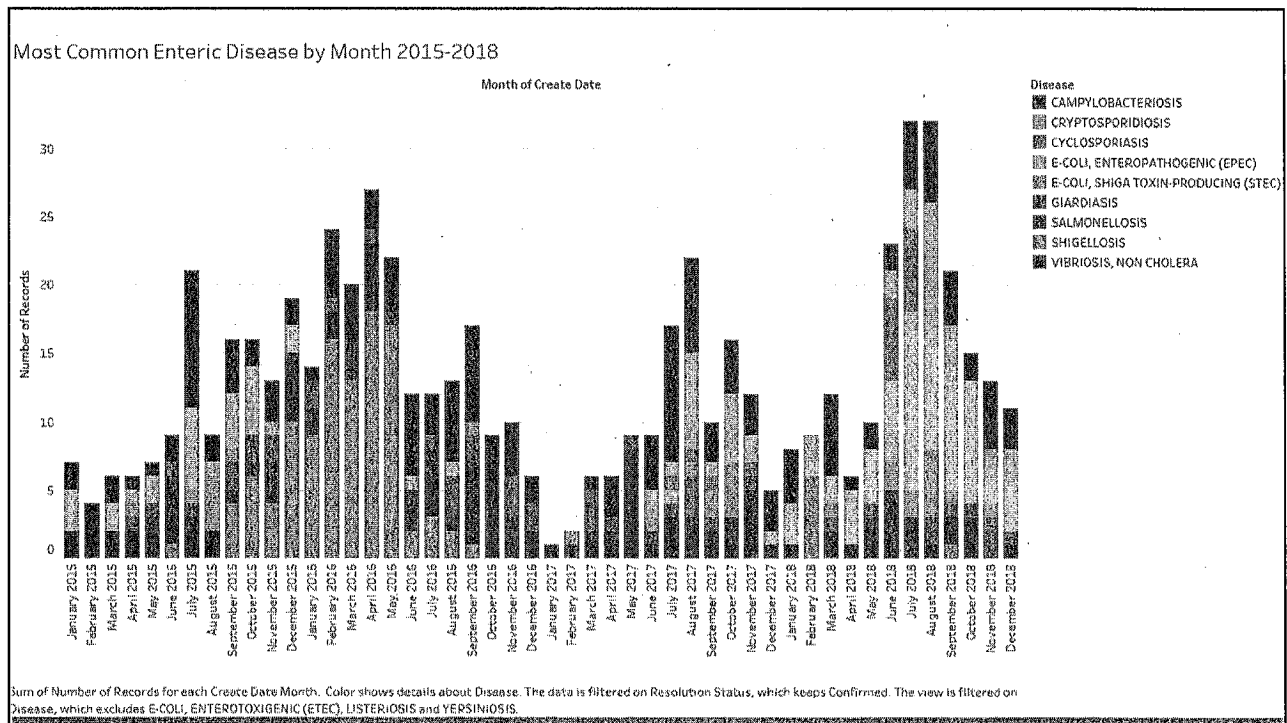
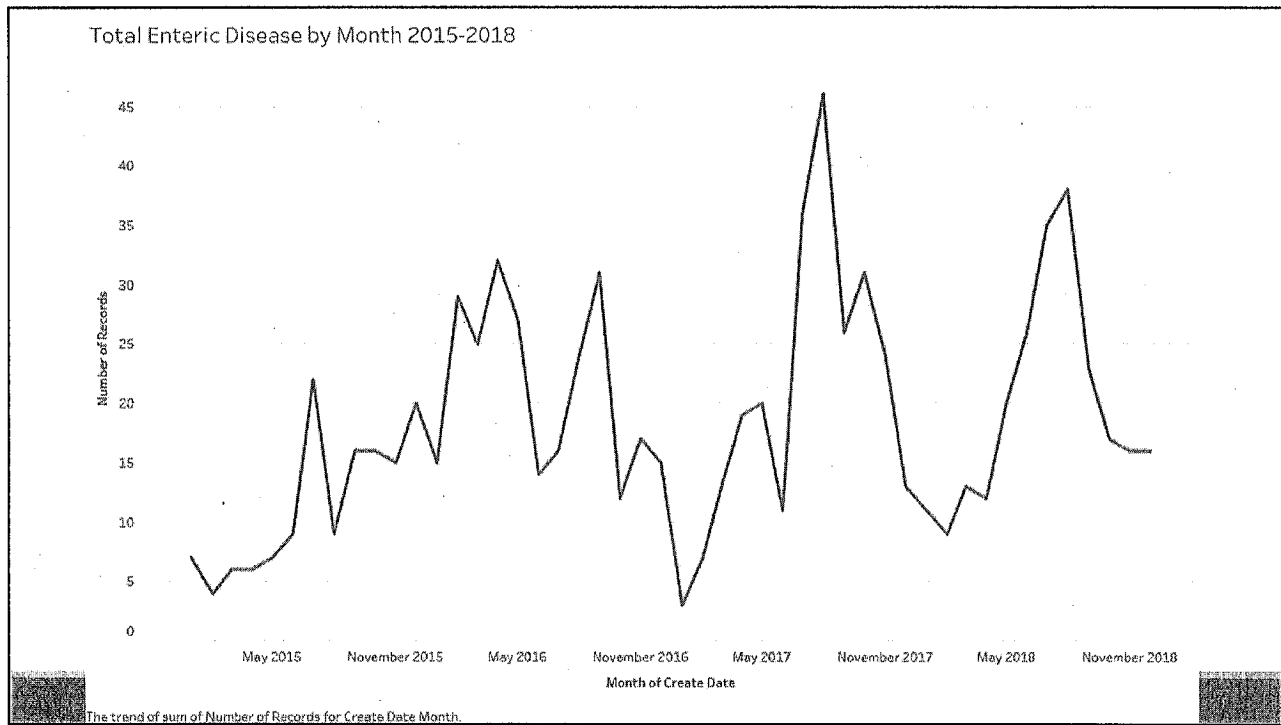


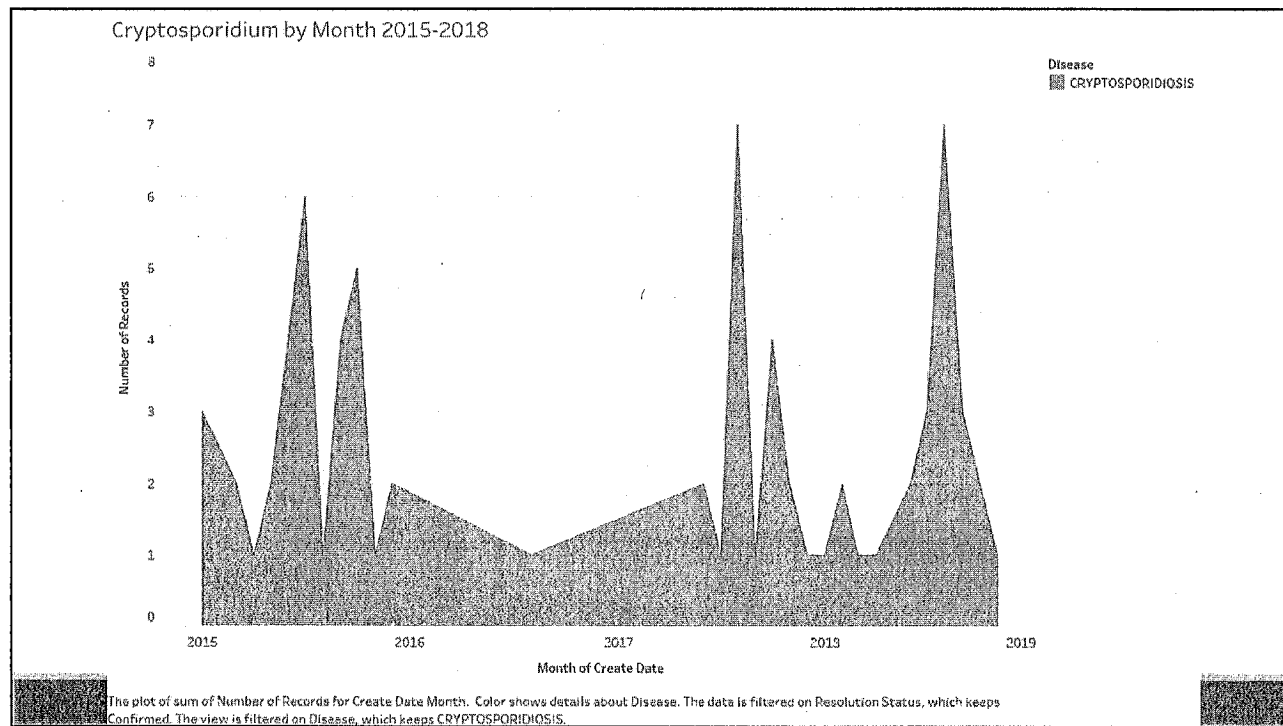
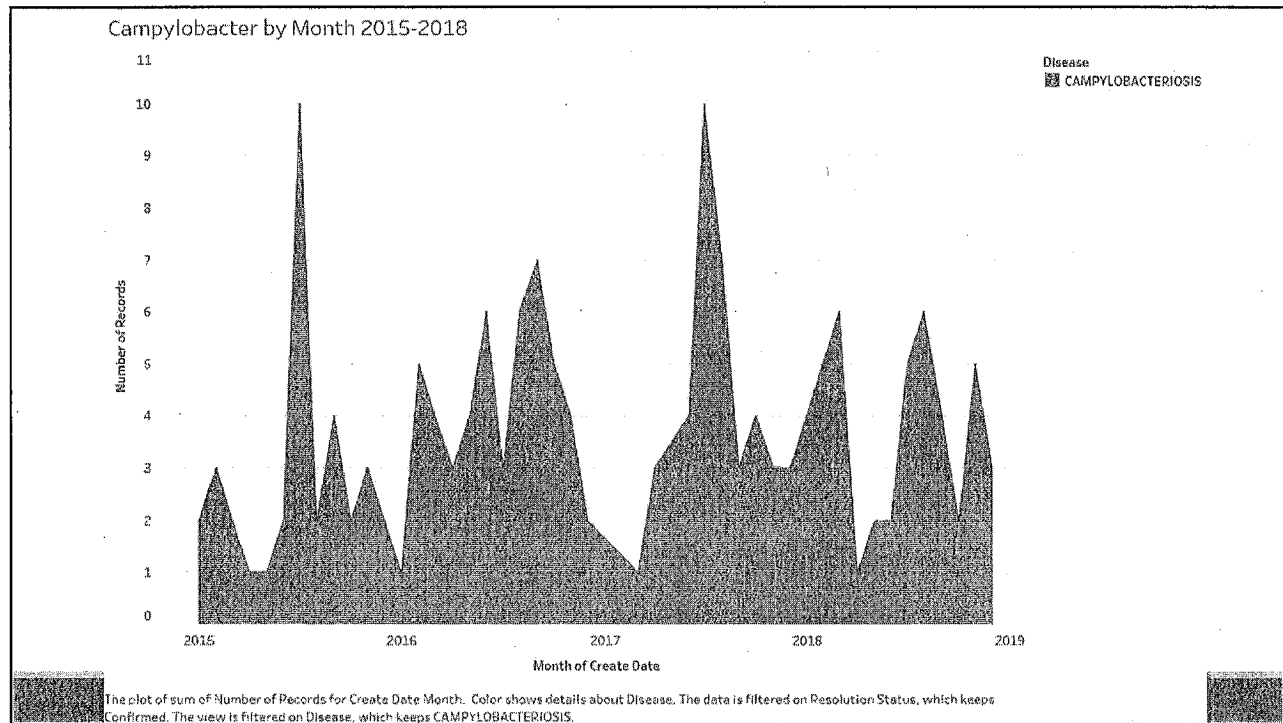
After the  
fair

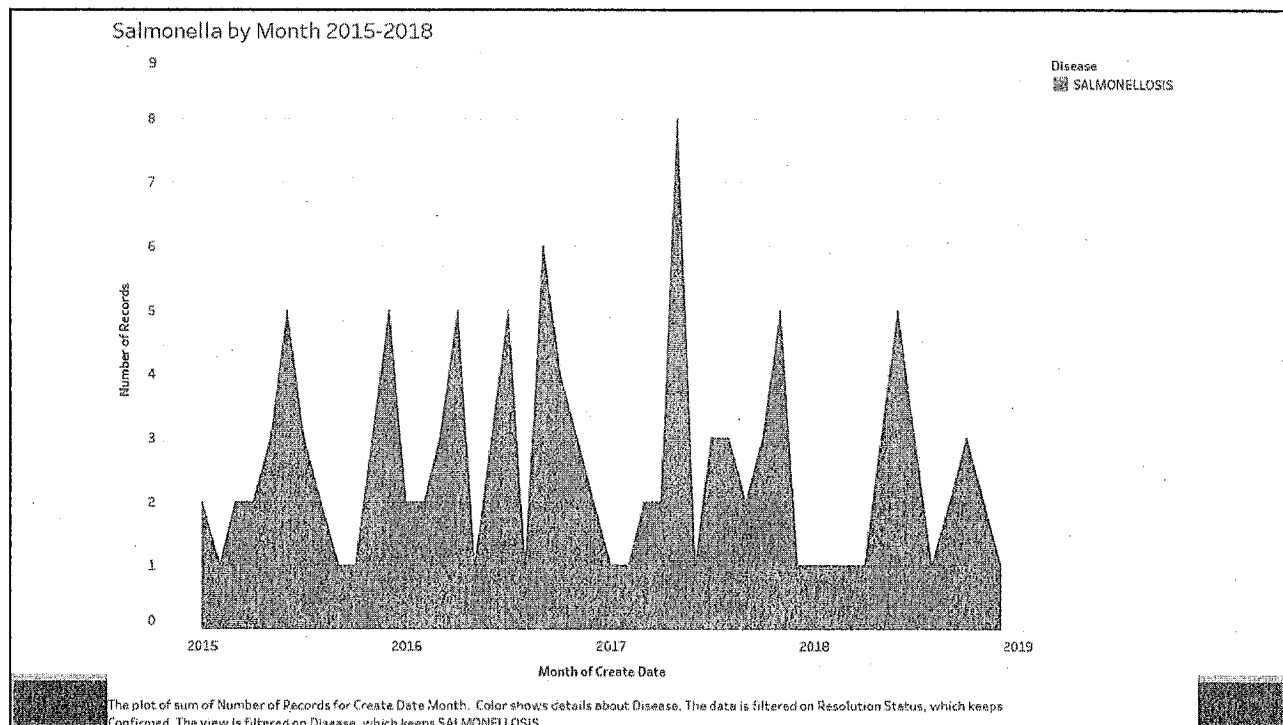
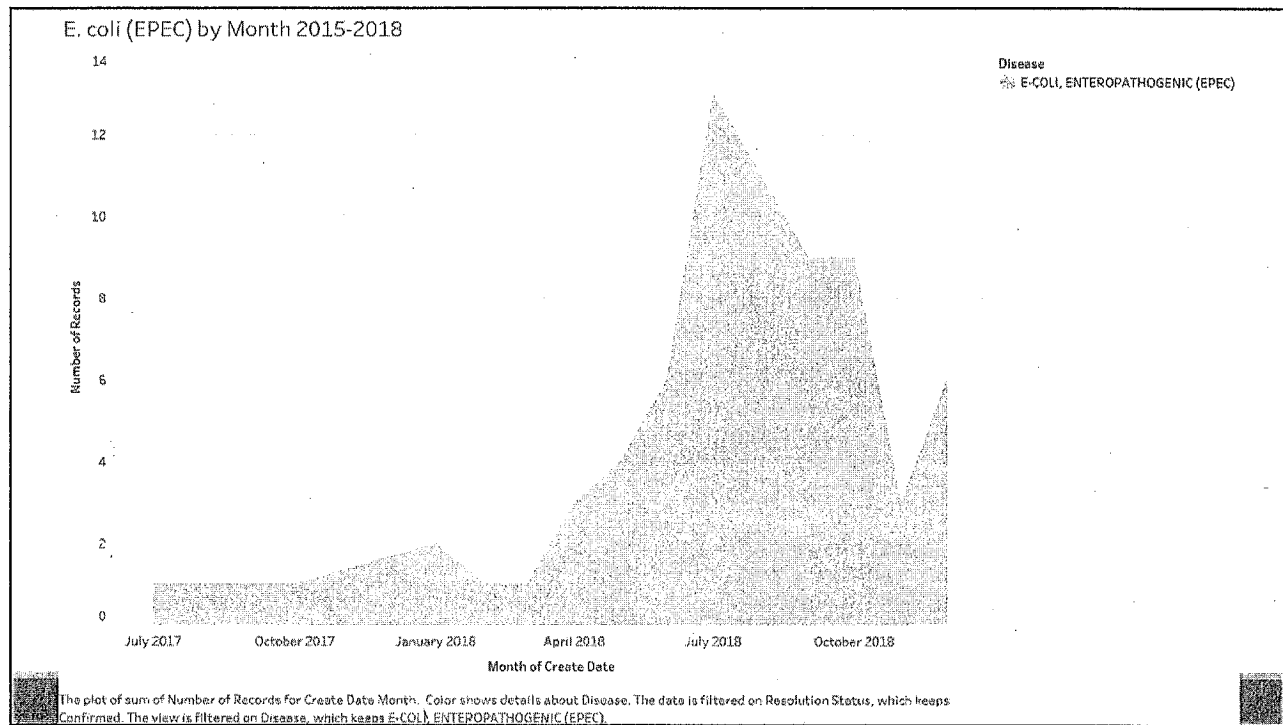


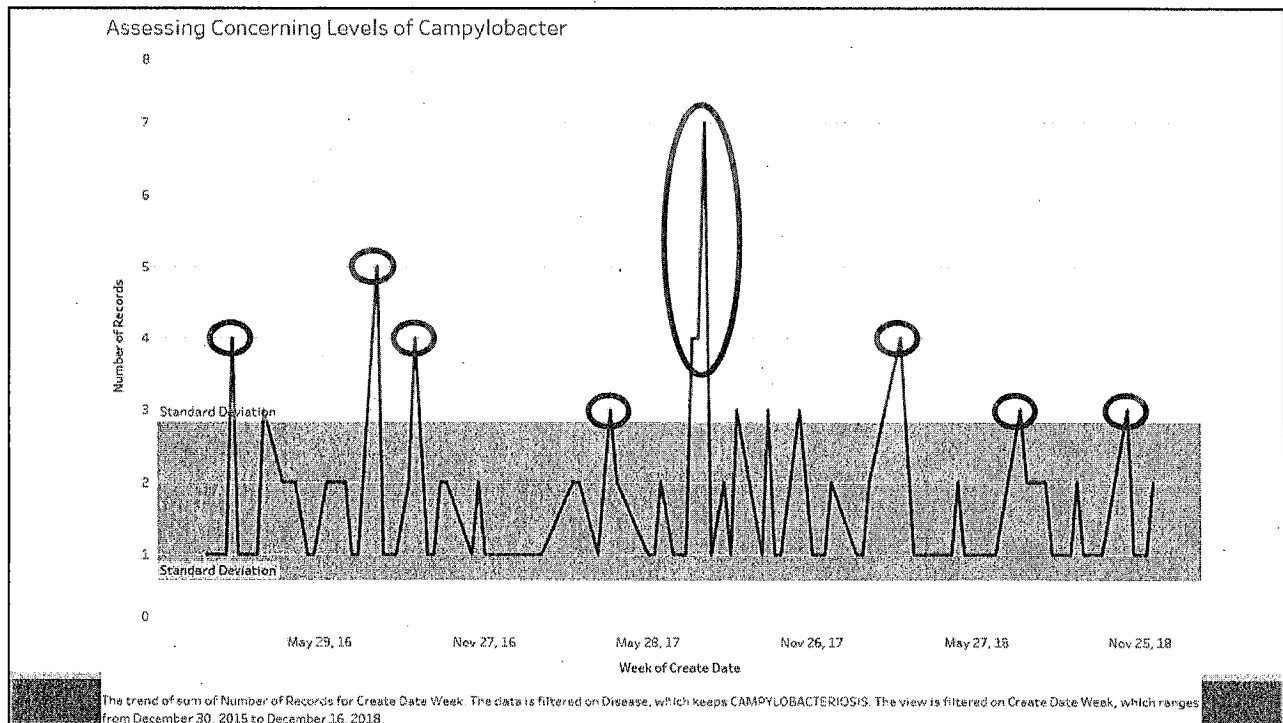
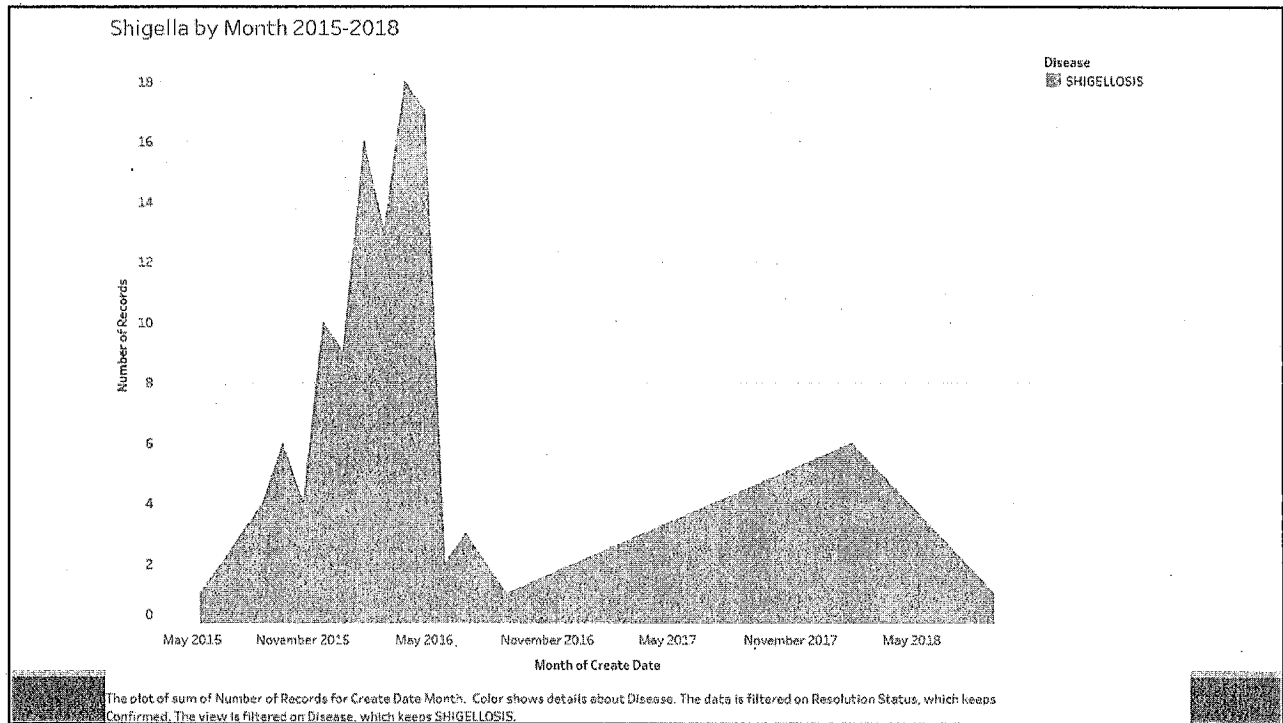
After the  
holidays

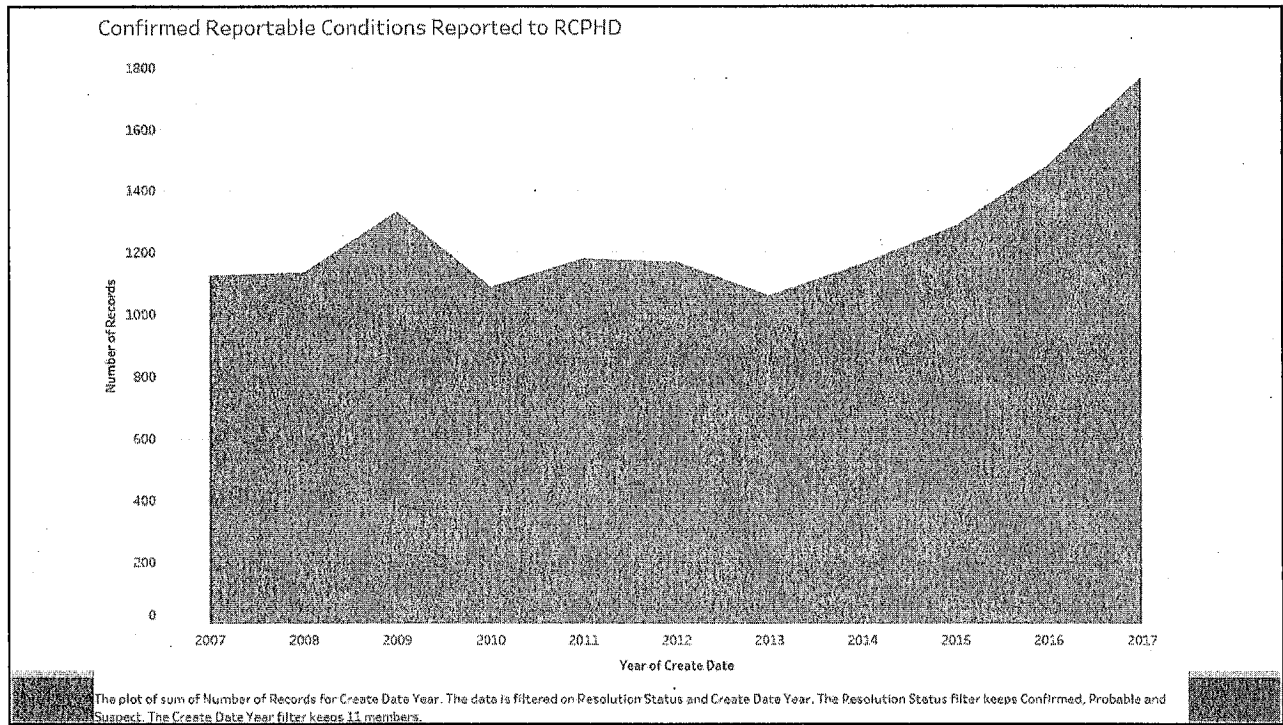




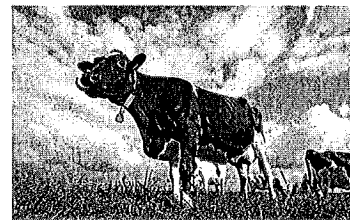
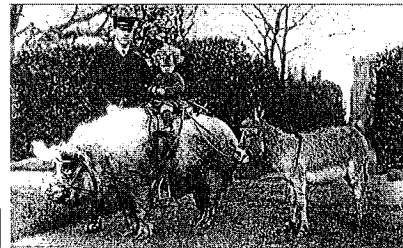
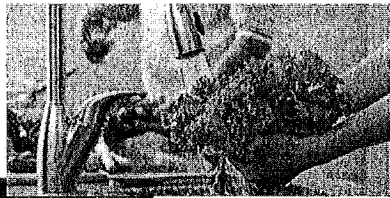
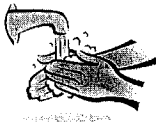




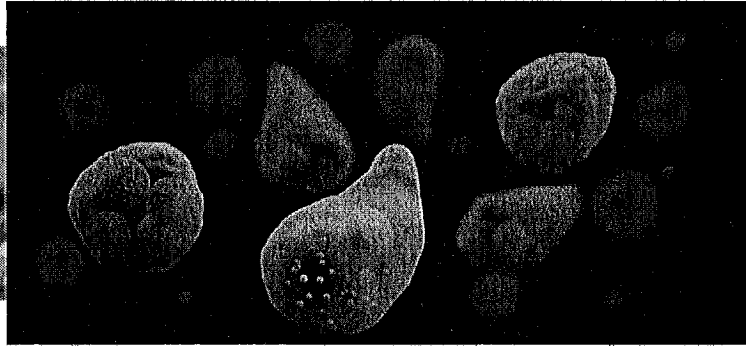




## How is it prevented?

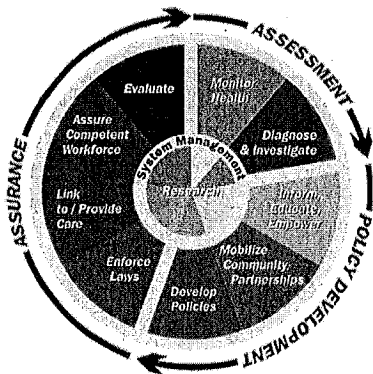


## Case Studies



Public Health

## PHN Disease Investigation



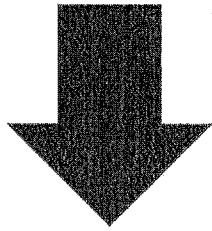
**Public Health**  
Prevent. Promote. Protect.



Public Health

## Healthy People 2020

### Goal:

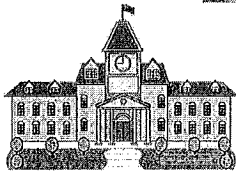
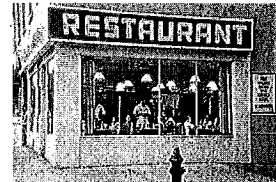
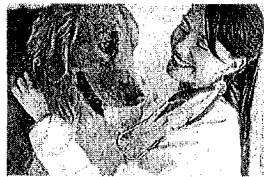


foodborne illnesses in the  
United States by improving  
food safety-related behaviors  
and practices



## Working with Partners

We are working to create a reportable disease network with:





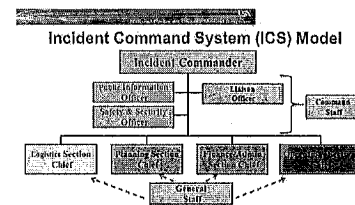
# Internal Process

## Updating Policies and Procedures

Including how to work with the new network as well as Emergency Management



### Utilizing a full or limited ICS in response to outbreaks



# Enteric Disease

# PREVENT

## Promote

# Educate



# Thank You

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