Council on Aging Nutrition Advisory Council Wednesday, June 17, 2015

Call to Order: Chair Sonja Heiser called the meeting to order at 10:30 a.m.

Approval of Agenda: A motion was made by Pam Strom, seconded by Daryl Porter, to approve the agenda. Motion carried.

Roll Call:

Present:

Nancy Arnold, Marti Everts, Supervisor Wayne Gustina, Sonja

Heiser, Jan Kinnaman, Char Levzow, Daryl Porter, Sue Rasmussen,

Peg Slaback, Pam Strom

Excused:

Jean Boyle, Charlie Daniel, Dawn Fossum, Jo Ann Koltyk

Staff:

Joyce Lubben, Ranee Goodroad

Introduction of Visitors: Also present were Chuck Wilson, Ellen Wiegand, Becky Suehring, and Kim Whitford.

Citizen Participation, Communications, and Announcements: None

Approval of May 20, 2015 Minutes: A motion was made by Jan Kinnaman, seconded by Daryl Porter, to approve the May 20, 2015 minutes. Motion carried.

Staff Report:

<u>Dining Center Visits (Volunteer Hours):</u> Advisory Council members were asked to enter on the Dining Center Visit Evaluation form the number of volunteer hours for each visit.

<u>Senior Farmers' Market Nutrition Program (SFMNP Voucher Distribution Update):</u> The voucher distribution will begin on June 18 in Footville. Additional distribution sites include Beloit, Janesville, Milton, Clinton, Evansville, and Edgerton. Rock County COA received 489 sets of vouchers for 2015.

<u>July Special Events:</u> On July 9, a lunch and learn will be offered in Milton at the Gathering Place. The event will feature an educational/entertainment presentation on a variety of Gaelic musical instruments by Linda Wendt plus a special menu.

On July 23, Evansville Creekside Place will feature a lunch and learn presentation on George W. Hall, circus showman from Evansville, followed by lunch.

On July 23, Grinnell Hall will host a summer picnic with a 50's and 60's theme.

<u>Follow-Up Revitalization Project Presentation (May meeting):</u> Becky Suehring, Kim Whitford, and Ranee Goodroad will be meeting to explore ways to revitalize the Rock County dining centers by incorporating ideas from the Revitalization Project Presentation that was given by Sara Koenig at the May meeting.

Reports:

<u>Nutrition & Health Associates:</u> Becky Suehring stated she is doing quarterly sanitation visits. She is also continuing her "Cook Once, Eat Twice" presentations, focusing this month on beans. A Healthy Eating for Successful Living workshop will begin at Scoville Hall on July 10, 2015.

<u>Best Events:</u> Kim Whitford reported she is continuing to work on the fall/winter menu and the upcoming special events at dining centers.

<u>Dining Center Visits:</u> Reports on dining center visits were provided by Char Levzow and Daryl Porter.

Continued Business:

<u>Evansville Dining Center Update:</u> Ranee Goodroad and Sonja Heiser will continue to work on converting some of the ideas generated at an earlier revitalization planning meeting which was held at Creekside into changes designed to increase attendance at the Evansville dining center.

Adjournment: A motion was made by Supervisory Wayne Gustina, seconded by Nancy Arnold, to adjourn the meeting. Motion carried. Meeting adjourned at 11:08 a.m.

Minutes not official until approved by the Nutrition Project Advisory Board