

## BEHAVIORAL HEALTH REDESIGN STEERING COMMITTEE (BHRSC) Minutes – November 15, 2018

<u>Call to Order</u>. Chair Luster called the meeting of the Behavioral Health Redesign Steering Committee to order at 12:03 P.M. in Rooms N1-N2, Fifth floor, Rock County Courthouse-East.

<u>Committee Members Present</u>: Supervisor Louis Peer, Chair Kate Luster, Deputy Chief John Olsen, Commander Troy Knudson, Patty Slatter, Michelle Rose-Barajas, Tim Perry, Tricia Murray, Michelle Babilius (alt. for Emily Pelz), Neil Deupree, Bette Trimble (alt. for Linda Scott Hoag), Lance Horozewski, Samantha Palan, Lindsay Stevens and Dr. Ken Robbins.

<u>Committee Members Absent</u>: Judge Karl Hanson, Ian Hedges, Greg Winkler, Laura Neece, Dave Pluymers and Tami Ellis.

**Staff Members Present**: Dr. Kendra Schiffman, HSD Analyst; and Emma Peterson, Public Health Intern.

Others Present: Steve Howland; Melanie Swanson, Compass Behavioral Health; Barb Werfal and Betty Conklin, WREP; Damario Bullock, NAMI Rock County; Marcia Galvan, Angel Eggers, Megan Smith, Nakenya Martin and Robert Nottestad, RVCP.

Approval of Agenda. Mr. Deupree moved approval of the agenda, second by Ms. Rose Baraias. ADOPTED.

Approval of Minutes of September 20, 2018. Supervisor Peer moved approval of the minutes as presented, second by Mr. Horozewski. ADOPTED.

Introductions of all in attendance.

Presentation by Rock Valley Community Programs on Reentry Grant and Peer Support Specialist Program. Chair Luster welcomed Ms. Galvan and Ms. Eggers from RVCP. Ms. Galvan said they were awarded a grant in 2017 which allowed for them to hire recovery coaches. They work with Mercy Hospital, St. Mary's Hospital and Beloit Memorial Hospital. Their original focus was overdose in an Emergency Room setting. They have since expanded services. They can now get referrals in other aspects. They have a 24/7 on call hotline. The recovery coaches are there to advocate for the client. There is training available for anyone interested in becoming either a Peer Support Specialist or a recovery coach. The biggest difference between the two trainings is that Peer Support Specialists require training with the State of Wisconsin along with a test. Recovery coach training is a little less regulated. Peer Support Specialist hours are billable through Medicaid. They currently have five paid recovery coaches and six to eight volunteers. They still have an access to care roadblock with a waitlist at times. They have had 30 calls since May. Not all calls result in assistance given.

Ms. Eggers said they have a program called project TREAT funded through a five year SAMHSA grant. Mr. Nottestad, Project Manager for project TREAT, provided a handout on the program. Project TREAT is an Offender Reentry program to expand substance use disorder (SUD) treatment and related recovery services to sentenced adult offenders/ex-offenders with a SUD and/or co-occurring substance

use and mental health disorders, who are returning to their families and community from incarceration. They are partnering with the Rock County Sheriff's Office, Department of Corrections, and Probation and Parole. They will be able to provide services to a minimum of 50 clients per year, for a minimum of 250 clients over the term of the grant. They are currently working with the Rock County Sheriff's Office to provide Vivitrol shots within the jail. They are working through the technical aspects at this time.

Chair Luster invited RVCP to share any access to care stories with our committee.

Chair Luster has data on racial and ethnic disparities comparing population and staff demographics. She will bring this data to our next meeting.

<u>Discussion of Draft Work Plan toward Improved Access and Connections in Care.</u> Chair Luster reminded everyone of our goals of improved coordination of partnership and to advance Hub and Spoke Model. Last meeting we talked about a possible AHEC grant of \$10,000 that could be used to increase access to medication assisted treatment. Ms. Peterson, Public Health intern, looked into training opportunities for physicians. Chair Luster and Ms. Pohlman McQuillen will be meeting soon with the Public Health Department to talk about the grant. The next step will be to engage prescribers within the three major health systems in Rock County.

Last meeting we talked about gathering access to care stories. Ms. Slatter shared her own access to care story. When she signed up for Family Care, she lost most of her Mental Health options. She is being refused care by some providers. How many more people is this happening to? Suicide is on the rise nationwide due to mental health provider shortages. Ms. Slatter is looking to fight this through legislation. Chair Luster shared another story of gap in care which resulted in a hospitalization for the individual. This was due partly to the BACHC transition. The theme here is there is no warm handoff/connection and no referral pathway. Chair Luster said we need to ask the question, if a determination is made that an individual's needs are too great to serve, what extra steps can be taken for that individual. Dr. Robbins suggested we have a speaker present on Family Care (My Choice and Inclusa) at a future meeting.

<u>Success Stories/Positive Outcomes Related to Strategic Plan Goals.</u> Chair Luster heard great things about Ms. Slatter's presentation at the Rock Valley annual luncheon.

There was a great recovery success story through CCS shared at the last Human Services Board meeting.

NAMI Paint the Town Yellow had 425 participants. This was a record turnout. Thank you to all involved.

<u>Citizen Participation and Announcements.</u> Ms. Conklin said WREP met this month. Amy Evans from Human Services presented on Jail re-entry services. They will have a presentation on service animals at next month's meeting.

Diversity Action Team meeting tonight at Craig High School at 6:30. The topic will be suicide.

Future Meeting Date: Thursday, January 17, 2019, 12:00 P.M., N1-N2, 5<sup>th</sup> Floor, Courthouse East.

<u>Adjournment.</u> Ms. Stevens moved to adjourn at 12:56 P.M., second by Ms. Murray. ADJOURNED.

Respectfully submitted,

Tracey VanZandt, HR Secretary

NOT OFFICIAL UNTIL APPROVED BY COMMITTEE.