

COUNCIL ON AGING

51 South Main Street (mailing) Janesville, WI 53545 3328 U.S. Highway 51 North (location) 608-757-5472 608-758-8472 (fax)

COUNCIL ON AGING ADVISORY BOARD MINUTES Wednesday, October 18, 2017

Call to Order: The meeting was called to order by Chair Pam Strom at 9:03 a.m. at the Rock County Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion was made by Chuck Wilson, seconded by Peg Slaback, to approve the agenda. Motion carried.

Roll Call:

Present:

Nancy Arnold, Dawn Fossum, Vicki Gobel, Char Levzow, Supervisor Norvain

Pleasant, Suzanne Rasmussen, Cherie Scholz-Baker, Peg Slaback, Pam Strom,

Chuck Wilson

Excused:

Jean Boyle, Jo Ann Koltyk

Unexcused:

Jim Farrell, Sonja Heiser, Aaron Thomas

Staff Present: Joyce Lubben, Julie Seeman

New Member, Vicki Gobel, introduced herself to the Advisory Board.

Introduction of Visitors: None

Approval of August 16, 2017 Advisory Board Minutes: A motion was made by Supervisor Norvain Pleasant, seconded by Nancy Arnold, to approve the August 16, 2017 Advisory Board Minutes. Motion carried.

Citizen Participation, Communications and Announcements: Peg Slaback mentioned an article she had read that noted a correlation between the use of Prilosec and dementia and hearing loss.

Staff Report:

November Caregiver Month Activities: Julie Seeman shared information on the November 14th Caregiver Comedy Night Out, The Caregiver Holiday Brunch at the Rosewood Theater, the third annual Alzheimer's and Related Dementia Update and the Caregivers' Approach to Memory and Merriment event. She also reported there has been policy change to the National Family Caregiver Support Program so that parents, as well as grandparents and other family members, caring for an adult child with a disability may receive funding.

Mobility Management Update: Joyce Lubben stated the Mobility Manager has been busy. Today is the last Wednesday Walks for the season. For 2018, this program will become a health promotion activity rather than one for Mobility Management. Mr. Booth has attended job fairs, two Latino community events held at the Hedberg Library and the Latino Community Fair in Beloit, presented at Rock Velley

Community Programs Veterans wing and Beloit Memorial High School, conducted several one-on-one travel training sessions and participated in the legislative day with the Wisconsin Mobility Managers Association. A CarFit program was offered at the Rock County Senior Fair which was not well attended. Discussion followed that this program might be better received on its own, rather than part of another event.

<u>Transit Updates:</u> Joyce Lubben reported that the Transit Scheduler/Dispatcher position has been filled. Crystal Kreyer will begin her position on Monday, October 23, 2017.

<u>Senior Fair Updates:</u> Julie Seeman reported that this year's senior fairs went well. There was a lot of information distributed.

<u>Stand Up Program:</u> Joyce Lubben stated that progress is being made on the research phase of the Stand Up and Move More program to make it evidence based. Leaders will be trained in December and recruitment will take place in January. The program takes place over 12 weeks, with the group meeting once per week for four weeks, then an 8-week refresher and a 12-week final assessment.

Old Business:

<u>Cycling Without Age:</u> Joyce Lubben stated she is waiting to hear more on the purchase of the trishaws. She will be working on the policies and procedures during the winter months.

New Business:

Report on 2018 Budget Request: Joyce Lubben reported the County Administrator's recommended budget for 2018 was submitted to the County Board. The Council on Aging's budget contains several cuts: the health promotion coordinator position will not be funded as a full-time position and the annual subsidies to Senior Services and RSVP were not included. This will likely mean the elimination of the Elder Benefit Specialist position housed at Senior Services and will increase the Council on Aging's legal workload to cover the entire county.

Reports:

County Board of Supervisors: No report.

ADRC of Rock County: Dawn Fossum reported that the Family Caregiver Bootcamp was held on October 14th. Cori Marsh will be participating in the BMO Harris Eldercare Symposium. The Transition Fair for people age 17 ½ with disabilities is being held to help them transition to adult services. Ms. Fossum described the Purple Tube project. First responders are currently being trained. Once that is accomplished the purple tubes will be distributed.

Items for Future Agendas: None

Adjournment: A motion was made by Supervisor Norvain Pleasant, seconded by Cherie Scholz-Baker, to adjourn the meeting. Motion carried. Meeting adjourned at 9:53 a.m.

Minutes not official until approved by the Council on Aging Advisory Board.