# Council on Aging Nutrition Advisory Council Minutes Wednesday, April 17, 2013

Call to Order: Vice Chair Ronnie Thomas called the meeting to order at 10:03 a.m.

**Approval of Agenda:** Hjordis Olson, seconded by Mike Santucci, made a motion to approve the agenda. Motion carried.

#### Roll Call:

<u>Present</u>: Nancy Arnold, Terry Burrington, Nancy Flood, Sonja Heiser, Janet Kopp, Hjordis Olson, Mike Santucci, Peg Slaback, Diane Tester, Ronnie Thomas, Supervisor Terry Thomas

Excused: Marti Everts, Char Levzow, Daryl Porter, Nancy Toubl

Staff Present: Joyce Lubben, Ranee Goodroad

**Introduction of Visitors**: Also present were Marcy Berner-Reedy, Kim Whitford and James Roche.

Citizen Participation, Communications, and Announcements: None

**Approval of March 20, 2013 Minutes**: Janet Kopp made a motion to approve the March 20, 2013 minutes as distributed, seconded by Diane Tester. Motion carried.

### **Staff Report:**

<u>Summer Intern:</u> Ranee Goodroad stated that CoA will have a summer intern to continue the work of Tanya Kelly.

WAND Conference: Ms. Goodroad reported on the Wisconsin Association of Nutrition Directors conference which was held in Stevens Point on April 8 and 9, 2013. Topics included: Effective Techniques for Enhancing Mental Fitness, a plan to develop a standardized statewide satisfaction survey for participants, and an update on modernization.

#### **Old Business:**

<u>Program Evaluations Final Report:</u> The full report was not available so it will be distributed at the May meeting.

#### **New Business:**

2013 Senior Farmers' Market Nutrition Program Allocation: Ms. Goodroad reported that we will be receiving SFMNP vouchers again this year. However, we will be allocated 11

fewer vouchers than last year and we do not yet know the value of the vouchers. Rock County will receive 488 vouchers.

## Reports:

<u>Dining Center Visits</u>: Janet Kopp, Daryl Porter, Mike Santucci, Ronnie Thomas, Sonja Heiser, and Diane Tester provided reports.

<u>Nutrition & Health Associates:</u> James Roche stated that he has completed two site inspections with no major issues. He has provided a handout on how to balance calories. The Healthy Eating workshop is going well with 10 participants.

Best Events: Kim Whitford stated the new menu is going well.

<u>Adjournment</u>: A motion was made by Diane Tester to adjourn, seconded by Hjordis Olson. Motion carried. Meeting adjourned at 10:55 a.m.

Minutes not official until approved by the Nutrition Advisory Council.