

**Council on Aging Nutrition Advisory Council Minutes
Wednesday, August 21, 2013**

Call to Order: Chair Marti Everts called the meeting to order at 10:00 a.m.

Approval of Agenda: Ronnie Thomas, seconded by Janet Kopp, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Nancy Arnold, Marti Everts, Nancy Flood, Dawn Fossum, Sonja Heiser, Janet Kopp, Char Levzow, Daryl Porter, Mike Santucci, Diane Tester, Ronnie Thomas

Excused: Terry Burrington, Hjordis Olson, Peg Slaback, Supervisor Terry Thomas

Staff Present: Rane Goodroad

Introduction of Visitors: Also present were Rodney Oksuita, Chris Ramos, Marcy Berner-Reedy, Judy Buechner.

Citizen Participation, Communications, and Announcements: Marcy Berner-Reedy announced that she would be attending the national Meals on Wheels Association of America (MOWWA) conference in Boston.

Approval of July 17, 2013 Minutes: Ronnie Thomas made a motion to approve the July 17, 2013 minutes as distributed, seconded by Diane Tester. Motion passed.

Staff Report:

1. Revised Food Resource Guide: Michelle Korotko, Intern from UW Whitewater, updated the information included in the Food Resource Guide. Copies of the revised guide were distributed.
2. Home Delivered Meals Drivers Needed: Volunteers are needed to deliver meals in the Janesville area on Wednesdays and Thursdays.
3. Comparative Data – Recipients of Home Delivered Meals: A chart indicating the breakdown of home delivered meal recipients was distributed. A review of available data indicates that 50% of all recipients are 85 years or older.

Old Business:

1. Volunteer Appreciation Event Update: The Volunteer Appreciation event will be held on Friday, October 4, 2013 at Rotary Gardens. Best Events will cater. Both

diners and those receiving home delivered meals have been given a form asking them to write a thank you note to the volunteers that will be combined and shared with the volunteers.

New Business:

1. Second Harvest – Rachel Sheets: Ms. Sheets provided information on services provided by Second Harvest which includes food distribution and Food Share Outreach. She reported that two-thirds of eligible seniors in Wisconsin do not participate in the Wisconsin Food Share Program. Program information was distributed.

Reports:

Dining Center Visits: Reports of visits to dining centers were provided by Daryl Porter, Ronnie Thomas, Diane Tester, Marti Everts, Sonja Hesser, and Char Lezow.

Nutrition & Health Associates: Judy Buechner reported on three site visits.

Best Events: Rodney Oksuita discussed the increasing costs involved in the meal production. He also noted that expansion of the service has increased their buying power which has resulted in some cost containment.

Adjournment: A motion was made by Janet Kopp to adjourn, seconded by Ronnie Thomas. Motion carried. Meeting adjourned at 11:08 a.m.

Minutes not official until approved by the Nutrition Advisory Council.