Council on Aging Nutrition Advisory Council Minutes Wednesday, September 16, 2009

Call to Order: Chair Robert Jensen called the meeting to order at 10:03 a.m.

Approval of Agenda: Janet Kopp, seconded by Joanne Woodman, made a motion to approve the agenda. Motion carried.

Roll Call:

<u>Present:</u> Phyllis Byrne, Nancy Flood, Robert Jensen, Janet Kopp, Hjordis Olson, Shirley Sweet, Supervisor Terry Thomas, Ellen Trewartha, Joanne Woodman

Excused: Cecilia Blackwell, Laura Doll, Polly Jones, Evelyn Propp, Joan Wilson

Unexcused: Jeannie Randles

Staff Present: Joyce Lubben, Ranee Goodroad

Introduction of Visitors: Also present was Doris Thom.

Citizen Participation, Communications and Announcements: None

Approval of September 16, 2009 Minutes: Nancy Flood made a motion to approve the minutes for the September 16, 2009 meeting, seconded by Supervisor Terry Thomas. Motion carried.

Staff Report:

- 1. <u>Site Manager Training:</u> Ranee Goodroad stated that all site managers participated in the statewide training. Topics included sanitation, activities for participants and background on how nutrition assessments are tied to funding.
- 2. <u>Statistical Report for July September 2009:</u> The statistical report was distributed.

Old Business:

- 1. <u>Volunteer Appreciation Events:</u> Ranee Goodroad reported that 65 people attended the volunteer appreciation event. The food was good. Phyllis Byrne and Shirley Sweet stated they thought it was a good idea for board members to sit with the various volunteer groups.
- 2. <u>Faith Lutheran Relocation Update:</u> Ms. Goodroad stated she is still looking for an alternate site for the Faith Lutheran relocation.

New Business:

1. <u>Rock County Senior Fair:</u> Ranee Goodroad reported that the nutrition program will be providing a lunch, again, at the Rock County Senior Fair. The purpose is to give fair participants a congregate dining center experience that will, hopefully, encourage them to try a dining center. Becky Suehring will be providing nutrition education. Nancy Flood volunteered to provide more information on the nutrition program.

Reports:

- 1. <u>Dining Center Visits:</u> Phyllis Byrne submitted a written report on her dining center visits to The Gathering Place.
- 2. Rebecca Suehring, Nutrition & Health Associates: No report.

Adjournment: A motion was made by Hjordis Olson to adjourn, seconded by Shirley Sweet. Meeting adjourned at 10:42 a.m.

Minutes not official until approved by the Nutrition Advisory Council.