

Frequently Asked Questions:

How do you know if someone is suicidal?

There are many risk factors for suicide and not everyone exhibits the same signs. Common warning signs are listed here, but if you are concerned, call Crisis Intervention at **757-5025** to consult or talk directly about your concerns.

Suicide risk Signs and Symptoms

- ✓ Suicidal thoughts or threats, often times referred to by professionals as suicidal ideation
- ✓ Researching methods for suicide
- ✓ Giving away belongings
- ✓ Excessive or increased substance use
- ✓ Feelings of purposelessness and/or hopelessness
- ✓ Anxiety, agitation or insomnia
- ✓ Feeling trapped, like there is no way out
- ✓ Withdrawing from friends, family and society
- ✓ Anger, rage or revenge seeking
- ✓ Reckless and risk taking
- ✓ Mood changes or fluctuation



I am concerned for someone's safety and want to know how to get him or her help when they refuse help?

If you believe the individual to be in immediate danger please call 911. You may also call Crisis Intervention Services (608) 757-5025 and request an assessment for an Emergency Detention.

Chapter 51, the Mental Health Act allows for involuntary intervention when someone is mentally ill, developmentally disabled, or drug dependent and is at substantial probability of physical harm to themselves or others due to one of these three conditions. Chapter 51 sites 5 standards of dangerousness, which can be assessed in a combined effort between crisis intervention workers and law enforcement officers

What help is available for someone who is incapacitated by Alcohol or drugs?

Chapter 51 also allows for involuntary intervention for detoxification, if he or she becomes incapacitated by alcohol, jeopardizing the safety of that individual or others and there is no responsible party to care for that individual.

For more information about Crisis Services or if you would like to request a presentation about Crisis services including mental health, psychiatric disorders, suicidal assessments and prevention, or alcohol/drugs, please contact Bette Trimble Crisis Intervention Supervisor, at 757-5216 or Jen Cummings Crisis Stabilization Supervisor at 757-5146.

ROCK COUNTY CRISIS SERVICES

DHS 34



**Rock County
Health Care Center
3530 N. Cty Rd F
P.O. Box 1649
Janesville, WI 53547
(608)-757-5025**

**TTY Phone: (608)-757-5226
(For hearing impaired)**

Rock County Crisis Services provides services to people of all ages who are experiencing either a mental health and/or alcohol/drug related emergency. The Rock County Crisis Intervention Unit operates 24 hours a day, seven days a week with professionally trained, Crisis Intervention Workers and Psychiatric Technician staff. All crisis contacts are conducted in a confidential manner. Services can be accessed at any time by calling the Crisis line number at **757-5025**.

Crisis Intervention staff provide in-person support and assessments on a mobile basis 24 hours a day, seven days a week to the five emergency rooms in the county, the homeless population, to residences and other settings in the community. Crisis also responds to the Rock County Jail, the Youth Services Center, and the Crisis Stabilization facility to conduct assessments.

Emergency mental health or alcohol/drug services are also available on a walk in basis 24 hours a day at the Rock County Health Care Center. Please note the building is locked between 5:00 pm and 8:00 am. Anyone seeking walk in services is encouraged to call in advance of arrival. Visitors will need to ring the front door buzzer and ask to speak with a Crisis Intervention Worker.

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- ❖ In-person support and assessments on a drop-in basis at the Rock Co. Health Care Center 24 hours a day every day
- ❖ Assessment of individuals requesting funding for voluntary psychiatric and Detox admissions without insurance and financial resources.
- ❖ Assessment of individuals determined to be at imminent risk of harm to themselves or others who are NOT seeking voluntary services.
- ❖ Consultation with all law enforcement agencies within Rock County regarding subjects with mental health and/or alcohol/drug related concerns.
- ❖ Screens admissions for our contracted short-term Crisis Stabilization facility, which is used for adults 18 and older who need a supportive and supervised environment, but not hospitalization. Services at this facility include 24-hour awake staff supervision, medication monitoring, psychiatric evaluations as needed, individual support, and group treatment.
- ❖ A suicide hotline for persons who are experiencing suicidal ideation or for friends and family of individuals who are at risk of suicide.

- ❖ A crisis hotline for callers needing emotional support, information, or referral. Callers have the option to remain anonymous.
- ❖ Community based short term crisis stabilization case management services which may include brief therapy, education, referrals to community providers, assistance obtaining benefits and housing and coordination with existing service providers and schools.
- ❖ Provides education to the community regarding suicide prevention and intervention.
- ❖ Educates community agencies about the Chapter 51 laws regarding psychiatric and Detox treatment, detention statutes, and the court commitment process.

