## Council on Aging Nutrition Advisory Council Minutes Wednesday, January 20, 2010

**Call to Order:** Chair Robert Jensen called the meeting to order at 10:03 a.m.

**Approval of Agenda:** Laura Doll, seconded by Janet Kopp, made a motion to approve the agenda. Motion carried.

#### **Roll Call:**

<u>Present:</u> Phyllis Byrne, Laura Doll, Nancy Flood, Robert Jensen, Polly Jones, Janet Kopp, Hjordis Olson, Evelyn Propp, Shirley Sweet, Doris Thom, Supervisor Terry Thomas, Ellen Trewartha, Joan Wilson

Excused: Marti Everts

Staff Present: Joyce Lubben, Ranee Goodroad

**Introduction of Visitors:** Also present were Marcy Berner-Reedy, Rodney Oksuita and Kim Whitford.

Citizen Participation, Communications and Announcements: Marcy Berner-Reedy stated she wanted to thank Ranee Goodroad for the cooperative effort in providing meals from Beloit Meals on Wheels for those congregate participants who wanted them over the Christmas and New Years holidays. She also stated that she is attending an Emergency Preparedness conference that is being hosted by MOWAA.

**Approval of December 16, 2009 Minutes:** Laura Doll made a motion to approve the minutes for the December 16, 2009 meeting, seconded by Phyllis Byrne. Motion carried.

# **Staff Report:**

- 1. <u>Site Manager Change:</u> Ranee Goodroad stated that two new people have been hired as site managers for the Riverview Heights and "float" positions.
- 2. <u>HDM Assessments:</u> Ranee Goodroad stated she is getting behind in the home delivered meal assessments again. Phyllis Byrne and Polly Jones offered to assist with this task.
- 3. <u>Statistical Charts:</u> Ranee Goodroad shared the fourth quarter statistical reports for both congregate and home delivered meal programs.

#### **Old Business:**

- 1. <u>Shelf Stable Meals:</u> Ranee Goodroad stated she has placed a second order of shelf stable meals for home delivered meal participants since the first order was used so early in the season.
- 2. <u>Catering Transition Update:</u> Ms. Goodroad reported that a real savings in the nutrition program would come from Best Events offering to purchase consumable supplies for us. Best Events is able to purchase these items at a much lower cost and will also deliver them to the sites. That will be a significant time saver for staff.

**New Business:** None

### **Reports:**

- 1. <u>Dining Center Visits:</u> Phyllis Byrne, Shirley Sweet, Joan Wilson, Janet Kopp, Polly Jones and Ellen Trewartha provided reports from their visits to meal sites. For the most part it was reported that the food was excellent and the moods of participants were upbeat.
- 2. Rebecca Suehring, Nutrition & Health Associates: No report.
- 3. <u>Best Events:</u> Rodney Oksuita stated they felt the transition was going smoothly and appreciated that participants were enjoying the food.

**Adjournment:** A motion was made by Phyllis Byrne to adjourn, seconded by Janet Kopp. Meeting adjourned at 11:15 a.m.

Minutes not official until approved by the Nutrition Advisory Council.