## CRIMINAL JUSTICE COORDINATING COUNCIL CRIMINAL JUSTICE SYSTEM PROCESS AND OPPORTUNITIES SUBCOMMITTEE

#### December 9, 2010

<u>Call to Order</u>: Chair Deupree called the meeting to order at 12:00 p.m. in Conference Room 519 on the fifth floor of the Rock County Courthouse-West.

<u>Committee Members Present</u>: Chair Neil Deupree, Marv Wopat, Judge James Daley, Supervisor Sandra Kraft, Captain Russ Steeber (alt. for Sheriff Spoden), David O'Leary, Bob Fizzell, Eric Nelson, Charmian Klyve.

Others Present: Elizabeth Pohlman McQuillen, Criminal Justice System Planner/Analyst, Judge Richard Werner, Leslie Swanson and Vicki Trebian, ATTIC Correctional Services, Inc., Sgt. Brent DeRemer, Sheriff's Office, Dr. Paul Gregory, UW Whitewater, Dr. Howard Paul, Kate Buker, District Attorney's Office.

<u>Approval of the Agenda</u>: Captain Steeber moved approval of the agenda as presented, second by Judge Daley. ADOPTED.

Approval of the Minutes from 8/6/2010: Mr. Fizzell moved approval of the minutes, second by Mr. O'Leary. ADOPTED.

### Discussion and Action Regarding RECAP and Community RECAP Aftercare:

Before starting discussion on the agenda items, Chair Deupree began by having everyone introduce themselves and letting them know the meeting was being taped. He thanked the Drug Court team for being present for this discussion. Chair Deupree said that in terms of RECAP aftercare, discussions were on-going and today the group would only discuss the Community RECAP aftercare.

Ms. Pohlman McQuillen reported that some counties require support group attendance as a part of their OWI or Drug Courts including, LaCrosse County, Eau Claire County, and Waukesha County. Mr. Wopat distributed some slides from a presentation Dr. Dennis Donovan gave which show that the longer people participate in support groups, the greater length of sobriety they have. Chair Deupree looked to the Drug Court team for their input as to whether participants should be required to attend support group meetings.

Judge Werner started by saying that with regard to community support groups, the team does not want to write that into the Drug Court contracts at this time because some participants have support in other ways. He said that the court can order support group attendance outside of the contract and this way the team can tailor things to each particular individual.

Dr. Paul said that he sees the value of community support groups but they may not help everyone. He said that often people fail to make the distinction between treatment and community support groups—these groups are not treatment. He said that it is not that support groups are not useful and he would strongly encourage attendance at these groups. He went on to say that he has been involved in AODA for 20-30 years and have found that many benefit from support groups but some do not and some relapse as a result of attending, as they may hear a trigger to get them to use again. He said that things should be tailored for each participant.

Judge Werner said the team wants flexibility as to whether to mandate someone to attend support groups. He said decisions are made taking into account everyone on the team's perspective.

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Judge Daley said that 12-step programs help people accept responsibility for what they do in their lives. He added that treatment with attendance at support groups seems to work better than treatment alone. He said he could see the benefit of fashioning the program for each individual but participants should be exposed to 12-step groups during the program and that it is a value to them. Judge Daley said even if attendance at support groups is not in the contract, the team should strongly recommend it.

Dr. Gregory said the evidence-based practice literature focuses more on aftercare and what the participant does when they leave treatment.

Dr. Paul said a lot of patients end up going to church as their support group. He said you should uniquely identify what each individual needs and matching the individual with what will work for them. Sometimes it is support groups that works for the person. Dr. Paul said those who attend support groups tend to be people that need authority figures in their life and require that sort of group to keep them straight. He went on to say that other people don't find support groups as useful and don't need the authoritarian based modality that support groups provide—they tend to be more intellectually based than authoritarian based. He would make the case that one size does not fit all.

Ms. Buker added that the Drug Court team decided they are going to hold two drug court sessions a year with alumni from the program and two open houses a year.

Dr. Gregory said that with aftercare, you should start early (in Phase III) and have the counselors work with client to decide what the best aftercare program is for that individual. Chair Deupree asked Ms. Swanson what aftercare planning currently happens for Drug Court clients. Ms. Swanson responded that counselors work with each individual to set up supports and services during the program and that it varies for each individual.

Mr. Wopat said every treatment center he knows of requires support group attendance as a part of the program—it makes participants aware of what's available when they get out of treatment.

Mr. Deupree said the focus here was on aftercare and it would be nice to be able to follow up with people on a regular basis to help the group decide what is most successful. Mr. O'Leary said that the goal is to give Judge Werner the tools he needs so that individuals who go through the Drug Court program do not come back into the system. He said that common sense says that we should give individuals as many options as possible to help people be successful and he likes the idea of exposing people to support groups. Mr. O'Leary said he likes the idea of putting the onus on participants as to how they are going to succeed.

Judge Daley said there are two issues: (1) a plan for treatment of some sort after the individual completes the program and (2) capturing the data needed to determine the effectiveness of whatever participants do when they exit the program.

Ms. Trebian stated that counselors meet with clients meet once a week with a counselor and they talk about activities and community supports. They also do a treatment plan that is updated once per month.

Mr. O'Leary said he would like to establish a way to collect data on an annual basis on graduates from the program as well as those that failed out of the program. Judge Daley suggested contacting

people on a regular basis at established intervals to obtain this information. Dr. Gregory said everyone should get an exit interview when leaving the program. He went on to say that the problem of contacting them later is that people don't respond and so some courts put in the court record that they must follow-up. Sgt. DeRemer said he has been giving graduates a form when they leave the program.

## <u>Discussion Regarding Use of Residential AODA Treatment Option for Drug Court</u> Participants:

Chair Deupree said it appears that we are not using all of the residential treatment slots as indicated in the grant application and asked if we overestimated the number who needs this service. Ms. Trebian said that when the grant was submitted the population that needed this service was there but since then it has gone down. Judge Werner added when the grant was submitted, the Drug Court was taking people right out of jail to be assessed. He said these people hadn't been out in the community, so they were clean. Judge Werner said the team was also assessing every person to determine who would benefit from residential treatment and consider each individual case. Mr. O'Leary said this residential treatment money was use it or lose it. Dr. Gregory asked if the money could be moved to a different category under the grant. Ms. Pohlman McQuillen said she thought the money could be reallocated but it would be helpful if the grant-funding period could be extended to use this money—if not for residential treatment, then to extend the amount of time the psychiatrist would be a part of the Drug Court team. Dr. Gregory said BJA should be open to moving the money around and we should write a request to BJA explaining why this money should be reallocated.

Mr. Wopat asked if any of the people that failed out of Drug Court would have benefited from residential treatment. Ms. Swanson answered that most who failed out of the Court absconded or had program offenses.

# Application for Membership in New National Criminal Justice Coordinating Council Network Discussion:

Ms. Pohlman McQuillen explained that The Justice Management Institute was establishing a national Criminal Justice Coordinating Council Network. Twelve CJCC's from across the nation would be chosen to participate in this endeavor. She asked whether the group would like to apply for this initiative and if so, she would need signatures from several CJCC members for the letter of intent. The group, by acclamation, approved applying for this initiative.

#### Discussion Regarding JAG Criminal Justice Coordinating Councils Grant:

Ms. Pohlman McQuillen explained that the Wisconsin Office of Justice Assistance has issued a grant solicitation for the establishment or enhancement of criminal justice coordinating councils. Ms. Pohlman McQuillen said that you could request a maximum of \$10,000 and asked if there were any other ideas, in addition to conducting research on best practices for AODA treatment, that the group would like to include in the application, if the group wanted to submit an application for this grant. Mr. O'Leary said he would like to see a system set-up to follow-up with people after they have been in Drug Court to see if they are remaining substance free. Chair Deupree added that another recommendation would be to have someone come in to facilitate a strategic planning session with the CJCC. The group, by acclamation, agreed that an application should be submitted and that Chair Deupree, Mr. Wopat, and Ms. Pohlman McQuillen work on the details to determine what to include in the grant application.

<u>Announcements</u>: Chair Deupree informed the committee he would not be running for Chair of CJCC in January. He said he will stay on the CJCC as a regular committee member and has enjoyed working with everyone.

Judge Daley announced that the PPAC Committee is investigating what it needs to do to encourage CJCCs across the state and support what they believe to be successful. He said the Rock County CJCC will be visited by the group in 2011.

Mr. O'Leary announced that there is a statewide committee recommending that a statewide CJCC be established to talk about statewide criminal justice issues.

Mr. Wopat said that on December 17<sup>th</sup>, Quint Studer would be speaking at a support group meeting at St. Pete's Church at 7 p.m.

<u>Time and Date for Future Meetings</u>: The next meeting will be scheduled when deemed necessary in the future. Ms. Pohlman McQuillen will contact everyone to arrange another meeting time.

**Adjournment**. The meeting was adjourned at 1:00 P.M.

Respectfully submitted,

Elizabeth Pohlman McQuillen Criminal Justice System Planner/Analyst

NOT OFFICIAL UNTIL APPROVED BY COMMITTEE.