# **ROCK COUNTY, WISCONSIN**





## **COUNCIL ON AGING**

51 South Main Street (mailing) Janesville, WI 53545 3328 U.S. Highway 51 North (location) 608-757-5472 608-758-8472 (fax)

# COUNCIL ON AGING NUTRITION ADVISORY BOARD AGENDA Wednesday, February 17, 2021 10:00 a.m. 3328 US Highway 51 North, Janesville, Wisconsin

Rock County Council on Aging is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

https://us02web.zoom.us/j/86974148410?pwd=djJKSnFoZDdUNldxdElPazlwTjcvUT09

Meeting ID: 869 7414 8410

Passcode: 058706

One tap mobile

+13126266799,,86974148410#,,,,\*058706# US (Chicago)

+13017158592,,86974148410#,,,,\*058706# US (Washington DC)

# Dial by your location

+1 312 626 6799 US (Chicago)

+1 301 715 8592 US (Washington DC)

+1 929 205 6099 US (New York)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 869 7414 8410

Passcode: 058706

Find your local number: https://us02web.zoom.us/u/kdg8VpCSUN

Join by SIP

86974148410@zoomcrc.com

Join by H.323

162.255.37.11 (US West)

162.255.36.11 (US East)

115.114.131.7 (India Mumbai)

115.114.115.7 (India Hyderabad)

213.19.144.110 (Amsterdam Netherlands)

213.244.140.110 (Germany)

103.122.166.55 (Australia Sydney)

103.122.167.55 (Australia Melbourne)

209.9.211.110 (Hong Kong SAR)

64.211.144.160 (Brazil)

69.174.57.160 (Canada Toronto)

65.39.152.160 (Canada Vancouver)

207.226.132.110 (Japan Tokyo)

149.137.24.110 (Japan Osaka)

Meeting ID: 869 7414 8410

Passcode: 058706

Join by Skype for Business

https://us02web.zoom.us/skype/86974148410

If you are interested in providing public comments on items on this agenda, you must submit your comments by noon on Friday, January 15, 2020. To submit a public comment use the following email: paula.schutt@co.rock.wi.us

- A. Call to Order
- B. Approval of Agenda
- C. Roll Call
- D. Introduction of Visitors
- E. Approval of January 20, 2021 Nutrition Advisory Board Minutes
- F. Citizen Participation, Communications and Announcements

- G. Staff Report
  - 1. Staffing
  - 2. Volunteers
  - 3. Happenings
- H. New Business
  - 1. Senior Farmers' Market Vouchers
- I. Old Business
  - 1. No Old Business
- J. Reports
  - 1. Best Events
  - 2. Nutrition & Health Associates
  - 3. Dining Center Visits / Curbside Pickup Meal Visits
  - 4. Home Delivered Meal Ride-Alongs
- K. Adjournment

The County of Rock will provide reasonable accommodations to people with disabilities. Please contact us at 608-757-5510 or e-mail <a href="mailto:countyadmin@co.rock.wi.us">countyadmin@co.rock.wi.us</a> at least 48 hours prior to a public meeting to discuss any accommodations that may be necessary.



# COUNCIL ON AGING NUTRITION PROGRAM

51 South Main Street (mailing) Janesville, WI 53545 U.S. Highway 51 North (location) 608-757-5472

# COUNCIL ON AGING NUTRITION ADVISORY BOARD MINUTES Wednesday, January 20, 2021

**Call to Order:** The meeting of the Council on Aging Nutrition Advisory Board was called to order at 10:00 a.m. by Chuck Wilson, via Zoom conference, in lieu of being in person at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

**Approval of Agenda:** A motion was made by Tom Brien, seconded by Janice Turner, to approve the agenda. Motion carried.

#### **Roll Call:**

Present: (via phone call or Zoom) Pam Bostwick, Tom Brien, Patricia Burhans, Rena

DeWar, Jeff Didelot, Karen Ferguson, Sherril Gilbertson, Vicki Gobel, Debbie Kraus, Sue McGinness, Vicky O'Donnell, and Janice Turner, and

Chuck Wilson

Excused: Jack Kooyman

Staff Present: Paula Schutt, Lisa Messer, Linda Hardie

**Introduction of Visitors:** Amy Karas, Nutrition & Health Associates (attending, but could not be heard)

**Approval of December 16, 2020 Nutrition Advisory Board Minutes:** A motion was made by Pat Burhans, seconded by Karen Ferguson, to approve the December 16, 2020 Nutrition Advisory Board minutes. Motion carried.

## **Citizen Participation, Communications and Announcements:**

#### Staff Report:

<u>Site Manager Vacancies</u>: Linda Hardie stated that interviews were held and three people have been hired: Celane Poteat was hired as the site manager at Riverview Heights; Patricia Didelot was hired as the site manager in Milton (this position will be shared one day per week with Susan Grund, who has been substituting since the prior site manager left mid-November); Jeff Didelot, COA Board member, was hired as a relief site manager.

<u>Shelf Stable Meals</u>: All requested shelf-stable meals have been delivered; most were delivered just prior to the big snowstorm which forced cancellation of meals on Dec. 30, 2020.

<u>Happenings</u>: An order of new insulated bags and an order of gel packs (both for temperature control of home delivered meals) were recently received. The nutrition program clerical position has been reduced back to 16 hours per week. (Hours had been temporarily flexed up

to full time June through December last year.) A presentation was made to the EVAs (Education, Veterans and Aging) Committee last night, with the end goal of requesting an additional full-time position in the Nutrition program. The proposal will be put to a resolution, and process will begin to (hopefully) gain that additional staff position. A few facts of note: Prior to 2014, there had been only one full time position (Nutrition Program Supervisor); in the fall of 2014, a .4 position was added due to increased program volume. Comparing 2014 to 2020: the program is now serving more than 3 times as many home delivered meals, but with the same staffing levels as 2014. Lack of staff hours makes it impossible to accomplish all program duties in a timely fashion. In 2014, the program served 12,170 home delivered meals; in 2020, the program served 37,913 home delivered meals, in addition to congregate meals and curbside pickup meals (which began when in-person dining was suspended mid-March, due to COVID concerns). Total meals served in 2020: 85,304 (including 31,750 meals served by Beloit Meals on Wheels, the contracted provider for home delivered meals in Beloit).

Board members expressed appreciation for the gift of a blanket. Linda stated that some board members have not yet stopped at COA offices to get their gift.

Chuck inquired as to whether staff and volunteers would be eligible to get COVID vaccines earlier than their scheduled age groups, because they have daily contact with seniors. At this time, only vaccines for those 65+ have been authorized; no special provisions for Nutrition Program staff or volunteers. Hardie stated that, despite the pandemic, hot meals have gone out every day; many counties have switched to delivery of frozen meals once or twice a week, but this is not practical for many clients, as there are growing numbers of home delivered meal recipients who have Alzheimer's and dementia, and who would not be capable of heating frozen meals for themselves.

**New Business:** No new business

# **Old Business:**

<u>Routing Software</u>: The Nutrition Program is unable to utilize Zippy Meals, due to HIPAA compliance, as determined by Corporation Counsel. In order to utilize the program, the meal type would have had to be omitted from the data on each individual meal recipient. This would essentially makes the program of no use, since the driver would not know what type of meal to deliver to each person, and would need supplementary documentation for meal delivery.

Emergency Plan: Due to overwhelming work load, there has been no opportunity to document an emergency plan as of this time.

#### Reports:

<u>Best Events:</u> No report; Rodney Oksuita was not present.

<u>Nutrition & Health Associates:</u> Amy Karas was present at the meeing, but was unable to be heard; however, Linda read an update from Amy which stated that she has been working on nutrition education handouts to be utilized during her upcoming dining site visits, which she intends to begin scheduling for late February and early March. She is also working on the spring/summer menus and monthly nutrition articles.

Dining Center / Curbside Pick-up Meal Visits: none.

Home Delivered Meal Ride-Alongs: none.

**Adjournment:** A motion was made by Sue McGinness, seconded by Karen Ferguson, to adjourn the meeting. Motion carried. Meeting adjourned at 10:35 a.m.

Minutes not official until approved by the Council on Aging Nutrition Advisory Board.