Behavioral Health Redesign Steering Committee (BHRSC) July 19, 2012

<u>Call to Order</u>. Chair Deupree called the meeting of the Behavioral Health Redesign Steering Committee to order at 12:00 P.M. in the Courthouse Conference Center, second floor, Rock County Courthouse-East.

<u>Committee Members Present</u>: Chair Neil Deupree, Kate Flanagan, Denny Luster, Cristina Kroeze (alt. for Greg Ammon), Supervisor Billy Bob Grahn, Sheila Deforest, Marko Pease, Tricia Murray (alt. for Tom Gubbin), Dannie Evans, Faith Mattison, Judge James Daley, Deputy Chief John Olsen, Tim Perry, and Laura Binkley (at 12:35 pm).

<u>Committee Members Absent</u>: Commander Erik Chellevold, Linda Scott-Hoag, Lance Horozewski, Brenda Clark, Julie Lenzendorf, and Brian Gies,

<u>Staff Members Present</u>: Elizabeth Pohlman McQuillen, Criminal Justice System Planner/Analyst, Rebecca Rudolph and Melissa Meboe, Rock County Human Services.

Others Present: Supervisor Steve Howland.

<u>Approval of Agenda</u>. Supervisor Grahn moved approval of the agenda as presented, second by Mr. Pease. ADOPTED.

<u>Approval of the Minutes of June 21, 2012.</u> Supervisor Grahn moved approval of the minutes as presented, second by Mr. Luster. ADOPTED.

Report on CCISC Meeting. Ms. Flanagan began by saying Zia Partners contracts with the state of Wisconsin Department of Health Services on two projects working on overall systems redesign using the CCISC model. Ms. Flanagan attended a meeting with Zia and some Northwood counties regarding CCISC. She said there was a review of the principles of co-occurring disorders and systems change. She said it was a very practical meeting and they talked about change agents-identifying the key players in the system. Ms. Flanagan also noted that Ken Minkoff, from Zia, was going to be the keynote speaker at a state mental health/AODA conference and that he asked Ms. Flanagan and people from Rock County to attend. Ms. Flanagan said the CCISC model would be a good one for Rock County to follow, in her opinion and she has some CCISC tools to share. Chair Deupree asked Ms. Flanagan to keep the BHRSC informed of future meetings/information on this project.

Overview of Motivational Enhancement Strategies. A handout on motivational enhancement strategies was disseminated. Chair Deupree asked Ms. Flanagan to talk about it. Ms. Flanagan went over the handout and the group discussed motivational interviewing as a useful tool for counselors in dealing with the stages of change.

<u>Work on System Mapping</u>. Chair Deupree said a group from the BHRSC got together to start working on this. He indicated that Mr. Pease, Mr. Horozewski, Lynn Larsen (BACHC), Ms. Deforest, Ms. Scott-Hoag, and another clinician from BACHC met earlier in the week to start systems mapping.

Ms. Flanagan said the Human Services Department and BACHC are serving similar populations and thus, they mapped what's happening in those two systems. They created a document

indicating gaps and services. In a big picture sense, people that are not immediately high risk are waiting a long time for services, approximately two months for an appointment. BACHC has made a modification in their system for suicidal individuals to be seen right away. Mr. Perry said Crossroads has to get people in within 24 hours if they are suicidal. Ms. Flanagan said the long wait was a gap in the Human Services system. She also said BACHC does not have community case management services, which is a gap in the system, and the area of kids therapy is severely lacking in Rock County. Mr. Perry said kids' attachment disorder is a huge resource drainer in several systems. Ms. Deforest said her son had attachment disorder and she had to take him to Madison three times a week, which was extremely difficult and costly. She added that kids with attachment disorder have no empathy and can hurt themselves or others. She said, as adults, they often have anti-social personalities.

Mr. Pease said other gaps include when people are released from prison with only a month's supply of medications. He told a story about a client that could not afford to buy his prescriptions and his decompensation leading to criminal justice contacts and additional costs throughout various systems. Ms. Deforest said early identification and access to care are very important. Ms. Mattison said there will be two therapeutic counselors working in the Beloit School District next school year. Ms. Binkley said she thinks things are getting better and NAMI is working on more screening for earlier identification. Ms. Deforest said there needs to be more education on what services are available in the community.

On the whiteboard, Mr. Pease identified some gaps in they system at BACHC:

Suicide, high risk BP, schizophrenia—seen today

D & A—7 weeks (2 weeks)

Discharge from hospital—24 hours

Gaps: community support, case management, kids therapy, coming out of prison, medications (including money to pay for medication)

<u>Citizen Participation and Announcements.</u> Chair Deupree reminded everyone that if they want an alternate on the committee, they should email the contact information to Elizabeth.

<u>Time and Date for Future Meetings</u>. Thursday, August 16, 2012, at noon, in 2nd Floor Courthouse Conference Center.

Adjournment. The meeting adjourned at 1:00 P.M. by acclamation.

Respectfully submitted,

Elizabeth Pohlman McQuillen Criminal Justice System Planner/Analyst

NOT OFFICIAL UNTIL APPROVED BY COMMITTEE.