



**COUNCIL ON AGING ADVISORY BOARD MINUTES**  
**Wednesday, May 16, 2018**

**Call to Order:** The meeting of the Rock County Council on Aging Advisory Board was called to order at 9:00 a.m. by Chair Pam Strom at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

**Approval of Agenda:** A motion to approve the agenda was made by Char Lezvow, seconded by Supervisor Norvain Pleasant. Motion carried.

**Roll Call:**

Present: Jim Farrell, Vicki Gobel, Sonja Heiser, Char Lezvow, Vicky O'Donnell, Supervisor Norvain Pleasant, Suzanne Rasmussen, Mark Richardson, Cheri Scholz-Baker, Peg Slaback, Pam Strom, Janice Turner, Chuck Wilson

Excused: Jean Boyle, Johnny Owens

Staff Present: Joyce Lubben, Javier Huerta, Lisa Jackson, Julie Seeman

**Introduction of Visitors:** None.

**Approval of March 21, 2018 Advisory Board Minutes:** A motion was made by Chuck Wilson, seconded by Sonja Heiser, to approve the March 21, 2019 Advisory Board Minutes. Motion carried.

**Citizen Participation, Communications and Announcements:** None.

**Staff Report:**

Introduction of New Staff: Joyce Lubben introduced Javier Huerta, Mobility Manager and Lisa Jackson, Health Promotion Coordinator.

Update on Stand Up, Move More Program: Joyce Lubben reported that the first randomized group have completed the workshop. Results from the monitoring are being tabulated by UW-Madison. The control group will begin the class in August.

Cycling Without Age: Javier Huerta reported that one trishaw has been delivered. Policies and Procedures for the program are being finalized. He is working on locations for storage of the bikes and has been working with the Velo Club and others to recruit "pilots."

Pedestrian Safety Initiative with Janesville Police Department: Javier Huerta reported that he met once with Sgt. Ellis of the Janesville Police Department, discussing the possibility for a Pedestrian Flag Crosswalk System. Four potential cross walk areas were identified that currently do not have crossing guards. Other areas using this are Brooklyn, WI, Evansville, WI, and Madison, WI. This project is low-cost as well as easily engineered but

would need continued community outreach to let the public know what the flag purpose is. Members asked for statistics on this. Mr. Huerta will forward the Madison website link.

Wednesday Walks: Mr. Javier shared the 2018 Wednesday Walks brochure. He has scheduled 11 walks throughout the season.

City of Janesville's "Fitness Court Ribbon Cutting Event": Lisa Jackson and Javier Huerta will be representing the Council on Aging at this event, promoting the health promotion activities and the Cycling Without Age program. The Fitness Court is a partnership between the City of Janesville and SSM Health.

Update on Health Promotion Workshops: Lisa Jackson reported that she had a meeting with workshop leaders to gain a better understanding of their needs and to start planning the 2019 calendar. She has scheduled a Sip and Swipe program at the Merrill Community Center and is looking at scheduling more workshops there. More workshops are being planned at Grinnell Hall and Scoville Apartments.

Update on Dementia Education Activities: Julie Seeman stated that she has been involved in providing Dementia Live experiences. The Beloit Police Department, community members and staff of both Grinnell Hall and Evansville Creekside Place have been trained. This training will soon be offered at the Edgerton Hospital, Hedberg Library and Evansville Assisted Living.

Ms. Seeman reported that the Purple Tube initiative is moving forward and the idea is expanding to other regions of Wisconsin. The Dementia Friendly Committee be at the Beloit Farmers' Market with information and promoting dementia awareness. They will hand out purple popcorn. A presentation was provided by Marty Schreiber on Surviving as an Alzheimer's Caregiver which was well attended. A Caregiver Pizza Night is scheduled for May 24, 2018.

#### **Old Business:**

2019-2021 Aging Plan: Gathering Public Information/Feedback Discussion and Possible Action: Joyce Lubben shared a summary of comments made during interviews by advisory board members. A public input session is scheduled at the Rock County Job Center on June 22, 2018 at 9:00 a.m. Ms. Lubben will have a draft of the plan ready for the June meeting.

#### **Reports:**

County Board of Supervisors: No report.

ADRC of Rock County: Vicky O'Donnell stated that Beth Austin is retiring from her position as an Information & Assistance Specialist. The waiting list is coming along.

**Adjournment:** A motion was made by Sonja Heiser, seconded by Char Levzow, to adjourn the meeting. Motion carried. Meeting adjourned at 9:48 a.m.

*Minutes not official until approved by the Council on Aging Advisory Board.*