

Council on Aging Nutrition Advisory Council Minutes
Wednesday, October 21, 2015

Call to Order: The Council on Aging Nutrition Advisory Council meeting was called to order by Chair Sonja Heiser at 10:10 a.m.

Approval of Agenda: A motion was made by Peg Slaback, seconded by Pam Strom, to approve the agenda. Motion carried.

Roll Call:

Present: Nancy Arnold, Jean Boyle, Sonja Heiser, Supervisor Norvain Pleasant, Suzanne Rasmussen, Peg Slaback, Pam Strom

Excused: Marti Everts, Dawn Fossum, Jo Ann Koltyk, Char Lezow, Chuck Wilson

Staff Present: Joyce Lubben, Ranee Goodroad

Introduction of Visitors: Also present were Ellen Wiegand, Beloit Meals on Wheels; Kim Whitford, Best Events; and Maggie Sanna, Nutrition & Health Associates.

Citizen Participation, Communications, and Announcements: Ellen Wiegand reported that on Veterans' Day veteran volunteers will deliver meals to veteran clients. The Beloit Fire Department is also checking the smoke detector batteries for clients.

Approval of August 19, 2015 Minutes: A motion was made by Jean Boyle, seconded by Nancy Arnold, to approve the August 19, 2015 minutes. Motion carried.

Staff Report:

Volunteer Appreciation Update: Ranee Goodroad shared Sonja Heiser's welcoming remarks. Members who were there stated she did a great job. This year's event had the largest attendance yet.

Statewide Donations: Ranee Goodroad shared a document showing statewide suggested donation rates and actual donation rates for the congregate and home delivered meal programs.

November Special Events:

November 11, 2015: Both Grinnell Hall, Beloit, and The Gathering Place, Milton, have scheduled events including a special menu in observance of Veterans Day.

November 24, 2015: Traditional Thanksgiving meal at all of the dining centers.

2016 Budget: Joyce Lubben stated that due to cuts in federal funding, increasing costs, and a change in the way funds can be transferred between programs, cuts had to be made in the budget. The recommendation is to close the Evansville congregate site due to high cost and low participation.

Nutrition & Health Associates: Maggie Sanna reported that third quarter sanitation visits have been conducted. Results were shared with the site managers at their meeting. The current educational topic is on healthy snacks. Becky Suehring completed the Healthy Eating workshop in Clinton. Ms. Sanna will be trained to lead this workshop.

Best Events: Kim Whitford reported they have started the new fall/winter menu and are now waiting for response to the new items.

Dining Center Visits: No reports

Adjournment: A motion was made by Pam Strom, seconded by Supervisor Norvain Pleasant, to adjourn the meeting. Motion carried. Meeting adjourned at 10:38 a.m.

Minutes not official until approved by the Council on Aging Nutrition Project Council.