



COUNCIL ON AGING NUTRITION ADVISORY BOARD MINUTES
Wednesday, August 19, 2020

Call to Order: The meeting of the Council on Aging Nutrition Advisory Board was called to order at 10:01 a.m. by Jean Boyle, via Zoom conference, in lieu of being in person at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion was made by Karen Ferguson, seconded by Mark Richardson, to approve the agenda. Motion carried.

Roll Call:

Present: (via phone call or Zoom) Robert Borremans, Jean Boyle, Tom Brien, Patricia Burhans, Rena DeWar, Karen Ferguson, Sherril Gilbertson, Vicki Gobel, Jack Kooyman, Sue McGinness, Mark Richardson, Janet Smith, and Janice Turner

Excused: Debbie Kraus, Vicky O'Donnell

Unexcused: Sherril Gilbertson

Staff Present: Paula Schutt, Lisa Messer, Linda Hardie

Introduction of Visitors: Amy Karas, Nutrition & Health Associates

Approval of July 15, 2020 Nutrition Advisory Board Minutes: A motion was made by Patricia Burhans, seconded by Jack Kooyman, to approve the July 15, 2020, Nutrition Advisory Board minutes. Motion carried.

Citizen Participation, Communications and Announcements: None.

Staff Report:

GWAAR Peer Sharing Call: Linda Hardie stated that there was a GWAAR peer sharing call on August 5. Some items mentioned: there has been a lot of feedback from seniors (statewide), wanting dining sites to re-open. However, since it is not yet safe to do so, staff should validate their disappointment and assure them that staff is disappointed also. It is not anticipated that dining sites will re-open until at least January. Some asked if pickup meals will continue after COVID; Sara Koenig, from DHS, stated that they are waiting for guidance from ACL; however they are aware that pickup meals are increasing in popularity and there is some flexibility within the Older Americans Act for funding. The option of pickup meals will likely continue for a long time, as some seniors will not be comfortable eating at a dining site for quite some time.

Intern: Meghan Quinn, who interned at COA since June 1, completed her required hours earlier this month. She was a huge help with the Senior Farmers' Market vouchers. She was also able to do a ride-along on a Janesville home delivered meal route and to help in one of the kitchens during her internship. Even though her official time at COA is done, she continues to deliver meals on Wednesdays in Janesville for the month of August, until she goes back to UW-Stout; she has also assisted in the kitchen additional days in Milton.

Happenings: Hardie stated that she is intends to attend the MOWA (Meals on Wheels America) national conference, August 31-Sept.3, as the conference is being held virtually and there is no fee to attend. The Nutrition Program's annual review for SAMs (the state database) is coming up August 25. No problems are anticipated. More home delivered meal trays were ordered (they are being used at a much faster rate now, as they are used for HDMs and curbside pickup meals at the three dining sites which have equipment to seal their own meals).

New Business:

No new business to discuss.

Old Business:

Senior Farmers' Market Nutrition Program (SFMNP) Vouchers: Linda Hardie indicated that of the 489 sets of vouchers, there are just ten more sets unassigned. There was a recent press release to area papers in attempt to utilize all the vouchers.

Aging Goals: The Nutrition Program aging goal for 2020, of providing oral health presentations or screenings for 30 individuals, is on track. Angie Stone, a speaker and advocate for oral health, will be conducting an oral health presentation on Thursday, September 3, at 10am.

Routing Software: So far, the search for routing software has netted nothing which fits the needs of the Nutrition Program; but according to Ellen, from Beloit Meals on Wheels, it takes a lot of time and searching to find a good fit. It was suggested that Paula make inquiry of the Information Technology Department.

Reports:

Best Events: No report; Rodney Oksuita was not present.

Nutrition & Health Associates: Amy Karas stated that she has been doing quarterly site visits, and has just one remaining. There was mention made of the Healthy Eating Class. Lisa Messer is working on a location for an in-person class. Beloit Public Library will allow the group to meet on Mondays. In-person classes will begin in September. Masks and social distancing will be required and no food will be allowed.

Dining Center Visits: none.

Home Delivered Meal Ride-Alongs: none.

Adjournment: A motion was made by Mark Richardson, seconded by Debbie Kraus, to adjourn the meeting. Motion carried. Meeting adjourned at 10:20 a.m.

Minutes not official until approved by the Council on Aging Nutrition Advisory Board.