

Council on Aging Nutrition Advisory Council
Wednesday, August 19, 2015

Call to Order: Chair Sonja Heiser called the meeting to order at 10:07 a.m.

Approval of Agenda: A motion was made by Daryl Porter, seconded by Wayne Gustina, to approve the agenda. Motion carried.

Roll Call:

Present: Nancy Arnold, Jean Boyle, Marti Everts, Dawn Fossum, Supervisor Wayne Gustina, Sonja Heiser, Jo Ann Koltyk, Char Lezvow, Daryl Porter, Suzanne Rasmussen, Peg Slaback, and Chuck Wilson

Excused: Jan Kinnaman, Pam Strom

Staff: Ranee Goodroad

Introduction of Visitors: Also present were Ellen Wiegand, Becky Suehring, Maggie Sanna and Kim Whitford.

Citizen Participation, Communications, and Announcements: None

Approval of July 15, 2015 Minutes: A motion was made by Marti Everts, seconded by Char Lezvow, to approve the July 15, 2015 minutes. Motion carried.

Staff Report:

Upcoming Special Events: The Grinnell Hall picnic is scheduled for August 27, Clinton's National Senior Center Appreciation Day is September 23, and Evansville's Lunch and Learn on the History and Demonstration of Gaelic Musical Instruments will be held on September 25.

Annual Participant Survey: The results for the congregate dining center and the home delivered meal surveys were reviewed and discussed.

Dining Center Non-Participation Survey: A review of the summary results indicated that almost 1/2 of the respondents chose to prepare their own meals. The remaining respondents indicated cost, transportation, and making a reservation ahead of time as being the most frequently cited barriers to participation.

Volunteer Appreciation Open House: The event has been scheduled for Wednesday, September 30 at Rotary Gardens.

2016–2018 County Aging Plan, Nutrition Section: A draft of proposed SMART goals was distributed. Due to time limitations, the draft was distributed with a request that Advisory Council members call or email Rane Goodroad with comments by August 21.

Reports:

Nutrition & Health Associates: Becky Suehring introduced Maggie Sanna who will be the Registered Dietitian working with the Council on Aging Nutrition Program contract. Ms. Suehring indicated that she is currently training Ms. Sanna.

Best Events: Kim Whitford reported she is continuing to work on the fall/winter menu and the upcoming special events at dining centers.

Dining Center Visits: Reports on dining center visits were provided by Suzanne Rasmussen, Daryl Porter, and Sonja Heiser.

Adjournment: A motion was made by Supervisory Wayne Gustina, seconded by JoAnn Koltyk to adjourn the meeting. Motion carried. Meeting adjourned at 11:09 a.m.

Minutes not official until approved by the Nutrition Project Advisory Board