



**COUNCIL ON AGING NUTRITION ADVISORY BOARD MINUTES**  
**Wednesday, June 20, 2018**

**Call to Order:** The meeting of the Council on Aging Nutrition Advisory Board was called to order at 10:15 a.m. by Vice-Chair Chuck Wilson at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

**Approval of Agenda:** A motion was made by Char Lezvow, seconded by Janet Turner, to approve the agenda. Motion carried.

**Roll Call:**

Present: Jim Farrell, Sonja Heiser, Char Lezvow, Vicky O'Donnell, Supervisor Norvain Pleasant, Suzanne Rasmussen, Mark Richardson, Cherie Scholz-Baker, Peg Slaback, Janice Turner, Chuck Wilson

Excused: Jean Boyle, Vicki Gobel, Pam Strom

Unexcused: Johnny Owens

Staff Present: Linda Hardie, Joyce Lubben

**Introduction of Visitors:** Also present were Ellen Wiegand, Beloit Meals on Wheels; Rod Oksuita, Best Events; and Maggie Sanna, Nutrition & Health Associates.

**Citizen Participation, Communications and Announcements:** Ellen Wiegand reported that in response to their annual client survey, 96% reported that the home delivered meals improved their quality of life; 97% reported that the meals helped them live independently.

**Approval of May 16, 2018 Nutrition Advisory Board Minutes:** A motion was made by Mark Richardson, seconded by Peg Slaback, to approve the May 16, 2018 minutes. Motion carried.

**Staff Report:**

Driver Recruitment: Linda Hardie reported that, as a result of a press release sent to the Janesville Gazette, Edgerton Reporter & Milton Courier, she now has 9 new home delivered meal drivers.

Home Delivered Meal Rides: Ms. Hardie encouraged advisory board members to participate in ride-a-longs with home delivered meal drivers to get a better understanding of the program.

Dining Center Managers: Ms. Hardie stated that she has been able to recruit two substitute dining center managers, to step in when regular dining center managers take vacations, etc.

**Old Business:**

2018 Senior Farmers' Market Nutrition Program: Linda Hardie shared that 9 vouchers were distributed in Evansville, 157 at the Janesville site and 13 at Footville, which are all increased numbers over last year. The voucher distribution is going well, so far.

2019-2021 Draft Aging Plan Goals: Joyce Lubben reviewed the draft aging plan goals for the nutrition program.

**New Business:**

Annual Participant Surveys: Annual Home Delivered meal surveys were sent out earlier this month; annual congregate surveys will be distributed in July.

**Reports:**

Best Events: Rod Oksuita, in response to a question, described what custom modifications are required for their delivery vehicles. When asked about the differences between spring/summer and fall/winter menus, he stated that there are more hot foods and comfort foods during the cold months; fresh produce selections also vary from summer months.

Nutrition & Health Associates: Maggie Sanna stated she is filling in for Adrianna Coleman while Arianna is finishing an internship. Ms. Sanna is conducting site visits and will soon be working on the fall/winter menu.

Dining Center Visits: A report was shared by Sonja Heiser on her visit to The Gathering Place.

**Adjournment:** A motion was made by Sonja Heiser, seconded by Peg Slaback, to adjourn the meeting. Motion carried. Meeting adjourned at 10:41 a.m.

*Minutes not official until approved by the Council on Aging Nutrition Advisory Board.*