



**COUNCIL ON AGING ADVISORY BOARD MINUTES**  
**Wednesday, June 20, 2018**

**Call to Order:** The meeting of the Council on Aging Advisory Board was called to order at 9:00 a.m. by Vice-Chair Chuck Wilson at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

**Approval of Agenda:** A motion was made by Supervisor Norvain Pleasant, seconded by Peg Slaback, to approve the agenda. Motion carried.

**Roll Call:**

Present: Jim Farrell, Sonja Heiser, Char Lezvow, Vicky O'Donnell, Supervisor Norvain Pleasant, Suzanne Rasmussen, Mark Richardson, Cherie Scholz-Baker, Peg Slaback, Janice Turner, Chuck Wilson

Excused: Jean Boyle, Vicki Gobel, Pam Strom

Unexcused: Johnny Owens

Staff Present: Joyce Lubben, Lachel Fowler, Javier Huerta, Lisa Jackson, Julie Seeman

**Introduction of Visitors:** Also present was Ellen Wiegand, Beloit Meals on Wheels

**Approval of May 16, 2018 Advisory Board Minutes:** A motion to approve the May 16, 2018 Advisory Board Minutes was made by Cherie Scholz-Baker, seconded by Sonja Heiser. Motion carried.

**Citizen Participation, Communications and Announcements:** Ellen Wiegand reported that Beloit Meals on Wheels conducted their annual client survey. One result was that 96% of their clients stated they feel more secure and eat healthier as a result of receiving the meals. The 47<sup>th</sup> annual meeting will be held on July 17, 2018.

Julie Seeman requested volunteer assistance from members when she conducts Dementia Live training for the 200 employees of Rock Haven.

Joyce Lubben shared a sample of the adult coloring book that will be the "give-away" at the fall senior fairs. Lachel Fowler had seen a similar book at the Healthy Aging Summit and our coloring book was designed by Javier Huerta. Donations for colored pencils would be appreciated. Chuck Wilson donated toward the cause.

## **Staff Report:**

Report on Healthy Aging Summit: Lachel Fowler reported on this year's Healthy Aging Summit that was hosted by the Wisconsin Healthy Aging Institute. Areas of emphasis were moving from "sick care" to "well care," the opioid epidemic, and ageism.

Ms. Fowler asked for volunteer assistance for the Rock County Senior Fair.

Mobility Management Update: Javier Huerta reported the first scheduled Wednesday Walk had to be canceled due to weather. Twelve people attended the seconded Wednesday Walk. There are 7 more scheduled.

Mr. Huerta is working on a kick-off plan for Cycling Without Age. Rides were provided to residents of Rock Haven who seemed to fully enjoy the experience. He brought the trishaw to the ribbon cutting of the City of Janesville Outdoor Fitness Center.

Mr. Huerta is publicizing the Transportation Coordinating Committee's public input meeting that is scheduled for Friday, June 22, 2018 at the Job Center. This is in preparation for updating the TCC's Human Services Public Transportation Coordination Plan.

Mr. Huerta is updating the Transportation Resource Directory and discovered there is a provider from the Rockford area that will meet passengers at the Beloit transfer station. This facilitates mobility between Rock County and Rockford.

Health Promotion Update: Lisa Jackson reported there are six workshops left on this year's calendar. She continues to work on the partnership with the Merrill Community Center. Sip & Swipe and Powerful Tools for Caregivers are scheduled for that location. She is promoting the workshops at senior centers and senior housing units.

## **Old Business:**

Review of Draft 2019-2021 County Aging Plan: Joyce Lubben reviewed the draft 2019-2021 county aging plan and requested suggestions from advisory board members. The final draft will be ready in September or October.

## **Reports:**

County Board of Supervisors: Supervisor Norvain Pleasant stated that Rock Haven had wanted a trishaw stored at their location, however after discussion it was agreed that is not the best location.

ADRC of Rock County: Vicky O'Donnell reported that a new employee will begin in July.

**Adjournment:** A motion was made by Supervisor Norvain Pleasant, seconded by Sonja Heiser, to adjourn the meeting. Motion carried. Meeting adjourned at 10:06 a.m.

*Minutes not official until approved by the Council on Aging Advisory Board.*