



COUNCIL ON AGING ADVISORY BOARD MINUTES
Wednesday, January 17, 2018

Call to Order: The meeting of the Council on Aging Advisory Board was called to order at 9:00 a.m. by Chair Pam Strom at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion to approve the agenda was made by Chuck Wilson, seconded by Supervisor Norvain Pleasant. Motion carried.

Roll Call:

Present: Jean Boyle, Jim Farrell, Sonja Heiser, Char Levzow, Vicky O'Donnell, Supervisor Norvain Pleasant, Mark Richardson, Peg Slaback, Pam Strom, Janice Turner, Chuck Wilson

Excused: Vicki Gobel, Johnny Owens, Sue Rasmussen, Cherie Scholz-Baker

Staff Present: Joyce Lubben

Introduction of Visitors: Also present were Rodney Oksuita of Best Events Catering; Becky Suehring and Arianna Coleman of Nutrition & Health Associates; Ellen Wiegand of Beloit Meals on Wheels.

Approval of December 20, 2017 Advisory Board Minutes: A motion was made by Peg Slaback, seconded by Jean Boyle, to approve the December 20, 2017 minutes. Motion carried.

Citizen Participation, Communications and Announcements: Vicky O'Donnell introduced herself as a new member.

Char Levzow reported on two articles that were printed in the Janesville Gazette; one on the Lighten Up workshop and the other on the Boxing Out Parkinson's program to be held at Grinnell Hall Senior Center. Joyce Lubben stated that so many calls were received on the Lighten Up workshop that another session is scheduled and is full.

Ellen Wiegand reported that blizzard boxes were delivered to participants. Students of Beloit Memorial High School are partnering with Beloit Meals on Wheels to do a Loads to Success project, which will pair developmentally delayed students with participants to assist with laundry.

Staff Report:

Staff Updates: Joyce Lubben reported that Steve Skelly has retired as Transit Program Supervisor. Ryan Booth has been hired to fill that position. Mr. Booth is working part-time currently as he is on paternity leave. The Mobility Manager position is now open. Interviews were held for the Nutrition Program Supervisor but the position is still open. Lisa Lucas is moving from the area so recruitment efforts are underway for the Health Promotion Coordinator. There was an offer from advisory board members to assist in whatever way they can.

Addition to Transit Fleet: Joyce Lubben reported that a new bus has been added to the transit fleet. It is larger than the others and will be put in service soon.

Update on Nutrition Program: Joyce Lubben distributed the February menus. The dining center signup sheet was distributed.

Nutrition & Health Associates: Becky Suehring stated the spring/summer menu is under development. She shared results of some menu surveys that were given to participants and dining center managers. Arianna Coleman stated she is conducting sanitation visits which are going well. For nutrition education she is focusing on how the menu is developed and addressing fruit and vegetable concerns. A Healthy Eating for Successful Living in Older Adults workshop will be starting in February.

Best Events: Rodney Oksuita stated that the new delivery vehicles are in service. He appreciates the feedback he receives from Rock County.

Health Promotion Update/Gazette Article: The Gazette article on Lighten Up was distributed.

New Business:

Review of Bylaws: Joyce Lubben reviewed the Advisory Board bylaws. No changes were recommended.

Discussion on Soliciting Feedback from Consumers: In preparation for developing the 2019-2021 county aging plan it was suggested that feedback be sought from nutrition sites, health promotion workshop participants, various clubs and women's groups, senior housing residents, veteran's homeless shelter and other shelters, ECHO, Salvation Army, an on-line survey, passengers of Rock County Transit, Wounded Warriors, etc.

2018 Advisory Board Goals: There was discussion regarding marketing the programs and board members getting to understand the programs better by riding along on transit routes, sitting through an elder benefit consultation, etc.

Reports:

County Board of Supervisors: No report

ADRC of Rock County: Vicky O'Donnell stated that the ADRC is going through staff changes as two positions are vacant.

Adjournment: A motion was made by Supervisor Norvain Pleasant, seconded by Peg Slaback, to adjourn the meeting. Motion carried. Meeting adjourned at 10:40 a.m.

Minutes not official until approved by the Council on Aging Advisory Board.