

## **Council on Aging Nutrition Advisory Council Minutes Wednesday, April 20, 2011**

**Call to Order:** Chair Janet Kopp called the meeting to order at 10:15 a.m.

**Approval of Agenda:** Ronnie Thomas, seconded by Robert Jensen, made a motion to approve the agenda. Motion carried.

### **Roll Call:**

Present: Terry Burrington, Phyllis Byrne, Marti Everts, Nancy Flood, Robert Jensen, Polly Jones, Janet Kopp, Hjordis Olson, Mike Santucci, Shirley Sweet, Doris Thom, Ronnie Thomas, Supervisor Terry Thomas, Ellen Trewartha, Joan Wilson

Staff: Joyce Lubben, Ranee Goodroad

**Introduction of Visitors:** Kim Whitford from Best Events, Marcy Berner-Reedy, Beloit Meals on Wheels, and Becky Suehring from Nutrition & Health Associates were in attendance.

**Citizen Participation, Communications and Announcements:** None

**Approval of March 16, 2011 Minutes:** Doris Thom made a motion to approve the March 16, 2011 minutes as distributed, seconded by Hjordis Olson. Motion carried.

**Report from Becky Suehring, Nutrition & Health Associates:** Ms. Suehring stated that this month's topic is on whole grains. She is completing a few home visits. Her workshop, Healthy Eating for Successful Living in Older Adults has nine participants. She is working with Best Events on the spring/summer menu.

### **Staff Report:**

Changes at Faith: Ranee Goodroad stated that Lori March is the new dining center manager at Faith Lutheran. Ronnie Thomas expressed concern over the departure of the past dining center manager.

Nutrition Director's Meeting Notes: Ranee Goodroad stated that the State is very interested in what Rock County is doing with the Healthy Eating workshop. She encouraged members to look at the GWAAR website as it has a lot of good nutrition information ([www.gwaar.org](http://www.gwaar.org)).

**Old Business:**

MMIS Project: Ranee Goodroad stated that 40 assessments have been completed. Our goal is to conduct 50 assessments. Dr. John Currie has agreed to be our project pharmacist. The project will be completed by May 31, 2011.

SFMNP Update: Ms. Goodroad stated that Rock County will receive 499 packets, the same as last year. The value of each packet is not known at this time.

**New Business:**

Volunteer Appreciation Month: Council members signed letters of appreciation to the nutrition program volunteers

Need for Home Delivered Meals Volunteers: Ranee Goodroad stated she is in need of volunteers for the Janesville routes.

**Reports:**

Dining Center Visits: Terry Burrington, Phyllis Byrne, Marti Everts, Doris Thom, Ellen Trewartha, Joan Wilson, Janet Kopp provided reports on their visits to various dining centers.

Kim Whitford, Best Events: Ms. Whitford stated that she is working with Becky Suehring on the spring/summer cycle.

**Adjournment:** A motion was made by Hjordis Olson to adjourn, seconded by Joan Wilson. Motion carried. Meeting adjourned at 11:03 a.m.

*Minutes not official until approved by the Nutrition Advisory Council.*