

**Council on Aging Nutrition Advisory Council Minutes**  
**Wednesday, November 18, 2009**

**Call to Order:** Chair Robert Jensen called the meeting to order at 10:08 a.m.

**Approval of Agenda:** Janet Kopp, seconded by Phyllis Byrne, made a motion to approve the agenda. Motion carried.

**Roll Call:**

Present: Phyllis Byrne, Laura Doll, Robert Jensen, Polly Jones, Janet Kopp, Evelyn Propp, Shirley Sweet, Supervisor Terry Thomas, Ellen Trewartha, Joan Wilson, Joanne Woodman

Excused: Cecilia Blackwell, Nancy Flood, Hjordis Olson

Staff Present: Joyce Lubben, Ranee Goodroad

**Introduction of Visitors:** Also present was Marti Everts and Chris Gebhardt.

**Citizen Participation, Communications and Announcements:** Ellen Trewartha announced that a Scoopie Day will be held at Culvers today for the Janesville Little Theater.

**Approval of October 21, 2009 Minutes:** Shirley Sweet made a motion to approve the minutes for the October 21, 2009 meeting, seconded by Phyllis Byrne. Motion carried.

**Staff Report:**

1. Special Events Planned for the Holidays: Ranee Goodroad stated that Grinnell Hall is planning a Christmas Show on December 11, 2009. The Gathering Place is hosting a Blue Notes Concert on December 16, 2009.
2. Report on Wisconsin Association of Nutrition Directors Conference: Ranee Goodroad reported that one topic of the conference focused on emergency meals. She discovered that Rock County has much better compliance with our "blizzard meals" than other counties. Other topics covered were the Healing Power of Humor, cost effectiveness and improving services to seniors with visual impairments.

**Old Business:**

1. Rock County Senior Fair Meal: Ms. Goodroad reported that 275 meals were ordered from the Hoffman House, but they had enough food to serve 375. People seemed to really enjoy the meal. Many people donated above the suggested rate. The volunteers from RECAP and Rock Valley Community Programs did a great job.

2. Faith Lutheran Relocation Update: Ms. Goodroad stated she is still looking for an alternate site for the Faith Lutheran relocation.
3. Joint Holiday Meal Project with Beloit Meals on Wheels: Beloit Meals on Wheels is, again, offering to provide holiday meals to older participants of the congregate and home delivered meal programs for the Thanksgiving and Christmas. Around 12 of the meals go to residents of Scoville Hall.

**New Business:**

1. Transition Report with Best Events: Chris Gebhardt reported that Best Events has met with site managers and reviewed the current six-week cycle. They requested that site managers rate the meals on a scale from 1-10. Best Events will keep those meals rated 7-10. They have purchased two additional vehicles that are being converted to deliver meals to the congregate sites.

**Reports:**

1. Dining Center Visits: Ellen Trewartha reported she visited Riverview Heights and felt they went out of their way to make her welcome.

Janet Kopp visited Grinnell Hall and had a positive experience. She noted that participants seemed to be in a positive mood and the food was good.

Robert Jensen provided a report on his visit to Clinton. He stated he enjoyed the food and the conversations.

2. Rebecca Suehring, Nutrition & Health Associates: No report.

**Adjournment:** A motion was made by Supervisor Terry Thomas to adjourn, seconded by Janet Kopp. Meeting adjourned at 10:52 a.m.

*Minutes not official until approved by the Nutrition Advisory Council.*