



COUNCIL ON AGING
NUTRITION BOARD AGENDA
Wednesday October 20, 2021, 10:00 a.m.
Rock County Resource Center
Beckman Mill Conference Center, Room J1015
1717 Center Ave
Janesville, WI 53546

This meeting will be held in person for those that can attend. (Masks are required). Please report to the Rock County Human Resource Center, 1717 Center Avenue, Beckman Mill Conference Room (J1015) at 9:00 a.m. For those that cannot attend in person, please log into Zoom with the link below.

Rock County Council on Aging is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/86359455229?pwd=ZGxzR1BUcTdWTjRRTWfmeTJxb0krUT09>

Meeting ID: 863 5945 5229

Passcode: 819221

One tap mobile

+19292056099,,86359455229#,,,,*819221# US (New York)

+13017158592,,86359455229#,,,,*819221# US (Washington DC)

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 863 5945 5229

Passcode: 819221

Find your local number: <https://us02web.zoom.us/j/86359455229>

Join by SIP

[86359455229@zoomcrc.com](https://us02web.zoom.us/j/86359455229)

Join by H.323

162.255.37.11 (US West)

162.255.36.11 (US East)

115.114.131.7 (India Mumbai)

115.114.115.7 (India Hyderabad)

213.19.144.110 (Amsterdam Netherlands)

213.244.140.110 (Germany)

103.122.166.55 (Australia Sydney)

103.122.167.55 (Australia Melbourne)
209.9.211.110 (Hong Kong SAR)
64.211.144.160 (Brazil)
69.174.57.160 (Canada Toronto)
65.39.152.160 (Canada Vancouver)
207.226.132.110 (Japan Tokyo)
149.137.24.110 (Japan Osaka)
Meeting ID: 863 5945 5229
Passcode: 819221

Join by Skype for Business
<https://us02web.zoom.us/skype/86359455229>

- A. Call to Order
- B. Approval of Agenda
- C. Roll Call
- D. Introduction of Visitors
- E. Approval of July 21, 2021 Nutrition Advisory Board Minutes
- F. Citizen Participation, Communications and Announcements
- G. Staff Report
 - 1. Staffing
 - 2. Volunteers
 - 3. Happenings
- H. New Business
 - 1. No new business
- I. Old Business
 - 1. Dining Site Re-Opening
 - 2. Aging Goal Update
 - 3. Senior Farmers' Market Voucher Program
- J. Reports
 - 1. Best Events
 - 2. Nutrition & Health Associates
 - 3. Dining Center Visits / Curbside Pickup Meal Visits
 - 4. Home Delivered Meal Ride-Alongs
- K. Adjournment

The County of Rock will provide reasonable accommodations to people with disabilities. Please contact us at 608-757-5510 or e-mail countyadmin@co.rock.wi.us at least 48 hours prior to a public meeting to discuss any accommodations that may be necessary.



COUNCIL ON AGING NUTRITION ADVISORY BOARD MINUTES
Wednesday, July 21, 2021

Call to Order: The meeting of the Council on Aging Nutrition Advisory Board was called to order at 10:01 a.m. by Sherril Gilbertson, via Zoom conference, in lieu of being in person at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion was made by Debbie Kraus, seconded by Janice Turner, to approve the agenda. Motion carried.

Roll Call:

Present: (via phone call or Zoom) Tom Brien, Patricia Burhans, Rena DeWar, Karen Ferguson, Sherril Gilbertson, Vicki Gobel, Debbie Kraus, Sue McGinness, Vicky O'Donnell, Janice Turner

Excused: Pam Bostwick, Jack Kooyman, and Chuck Wilson

Staff Present: Paula Schutt, Lisa Messer, Linda Hardie, Tatiana March, Hannah Soukup

Introduction of Visitors: Amy Karas, Nutrition & Health Associates

Approval of June 16, 2021 Nutrition Advisory Board Minutes: A motion was made by Debbie Kraus, seconded by Sue McGinness, to approve the June 16, 2021, Nutrition Advisory Board minutes. Motion carried.

Citizen Participation, Communications and Announcements: It was shared that Beloit Meals on Wheels did a survey; 87% of respondents indicated that the home delivered meal was the only hot meal they ate each day; many said they didn't know how they would get nutrition without these meals.

Staff Report:

Staffing: Linda Hardie stated that Hannah Soukup, the current intern, will be finishing her time with Council on Aging on Friday, July 30. She has been a great help with doing a variety of things during her time here. Because Mary Barrett, Nutrition Program clerical, will be retiring September 1, her job has been posted; there have been 14 applications submitted; four applicants have been selected for interviews. The hope is to have the new person start as soon as possible. Tatiana March has been filling the void for the family caregiver specialist position during Julie Seeman's vacations and then following Julie's retirement, until Teena Monk-Gerber starts next Monday, July 26.

Volunteers: There have been three new volunteer drivers this month. The Janesville schedule has fewer blanks than it has in a long time; however, more drivers are still needed.

Happenings: After a long hiatus due to COVID, in-home visits have been resumed for home delivered meal recipients (annual home visits are required, but had been suspended due to COVID.) A total of \$1,100 was donated in memory of Jeff Didelot, former board member, volunteer driver, and dining center manager sub. It was very gracious of his family to name the Nutrition Program as the recipient. The plan is to use the monies to purchase custom insulated bags for home meal delivery.

New Business: No new business

Old Business:

Dining Site Re-Opening: Following further investigation and discussion at the quarterly site manager meeting, the decision has been made to delay re-opening of the dining sites for the time being. Since re-opening guidelines require social distancing (other than for those who are “in the same social circles”) it was felt that the guidelines might make some who are not part of said social circles, feel ostracized.

Senior Farmers’ Market Vouchers: Linda shared that Tatiana has been doing follow-up on those who have outstanding eligibility agreements, and has gotten good results. 365 sets of vouchers have been issued (out of 554). An additional press release was issued last week; calls have increased since then. Andrea Morrow, from WCLO, also recorded a spot which they have been playing. So far, 450 persons have made inquiry about the vouchers.

Reports:

Best Events: Rodney Oksuita was not present to give a report.

Nutrition & Health Associates: Amy Karas stated that she has completed second quarter site visits, and is working on the fall/winter menu. She spoke of a possible healthy eating class at Grinnell Hall in October. Amy will hold a 1-hour Heart Healthy class held in September. Amy has been trained in Stepping Up Your Nutrition, which focuses on malnutrition, hydration, and protein. She attended a two and one-half hour class on this. It is a segway to the Stepping On class.

Dining Center /Curbside Pick-up Meal Visits: none.

Home Delivered Meal Ride-Alongs: none.

Adjournment: A motion was made by Debbie Kraus, seconded by Tom Brien, to adjourn the meeting. Motion carried. Meeting adjourned at 10:27 a.m.

Minutes not official until approved by the Council on Aging Nutrition Advisory Board.