

Council on Aging Nutrition Advisory Council Minutes Wednesday, August 18, 2010

Call to Order: Chair Robert Jensen called the meeting to order at 10:20 a.m.

Approval of Agenda: Janet Kopp, seconded by Laura Doll, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Laura Doll, Marti Everts, Robert Jensen, Polly Jones, Janet Kopp, Hjordis Olson, Evelyn Propp, Shirley Sweet, Doris Thom, Supervisor Terry Thomas, Ellen Trewartha, Joan Wilson

Excused: Phyllis Byrne and Nancy Flood

Staff: Joyce Lubben, Ranee Goodroad

Introduction of Visitors: Marcy Berner-Reedy, Beloit Meals on Wheels; Kim Whitford, Best Events.

Citizen Participation, Communications and Announcements: None.

Approval of June 16, 2010 Minutes: Shirley Sweet made a motion to approve the June 16, 2010 minutes, seconded by Laura Doll. Motion carried.

Staff Report:

1. Site Manager Changes: Pat Tilton has resigned as the Grinnell site manager to have more time with her family. She did an outstanding job in this position. Cindy Ross has become the new site manager at Grinnell having worked as the Scoville site manager for the past 4 ½ years. Samatha Roedl is the new site manager at Scoville.
2. Second Quarter Statistical Report: A chart depicting total meals served by each site for January – June 2010 was distributed.

Old Business:

1. Volunteer Appreciation Event: Arrangements are being finalized for the upcoming event scheduled for Friday, September 10, at Rotary Gardens. Council members signed up for various tasks. Laura Doll, Vice Chairperson, will present a thank-you to the nutrition program volunteers for their contributions.
2. Senior Farmers' Market Voucher Program: All of the 499 vouchers have been distributed. There was an adequate supply to meet the requests at all of the

distribution sites. The remaining vouchers were distributed through Benefit Specialist and long-term support staff and to those who applied at the COA office.

New Business:

1. Rock County Senior Fair: As in past years, lunch will be served to provide attendees an opportunity to experience a congregate meal. Meal service time will begin earlier to accommodate those who attend the fair early in the day.
2. Annual Participation Evaluation: Each year, the nutrition program is required to offer diners (congregate and home delivered) an opportunity to evaluate the service. The evaluation forms have been distributed and are due back by August 31, 2010. Information gleaned from the responses will be used in future planning. A summary of the findings will be presented to the Nutrition Advisory Council at the September meeting.

Reports:

1. Dining Center Visits: Shirley Sweet, Joan Wilson and Ellen Trewartha reported on their visits to dining centers.
2. Rebecca Suehring, Nutrition and Health Associates: The Healthy Eating for Successful Living in Older Adults workshop has been completed in Milton. This workshop was the best yet, with participants full of great questions, experiences and conversations. Ms. Suehring has finished the Farmers' Market Tips nutrition topic and is now working on nutrition labels and understanding advertising on foods.
3. Kim Whitford, Best Events: Ms. Whitford stated she and Ms. Suehring are working on the fall/winter menu.

Adjournment: A motion was made by Janet Kopp to adjourn, seconded by Hjordis Olson. Meeting adjourned at 11:08 a.m.

Minutes not official until approved by the Nutrition Advisory Council.