

Council on Aging Nutrition Advisory Council Minutes Wednesday, November 17, 2010

Call to Order: Chair Robert Jensen called the meeting to order at 10:08 a.m.

Approval of Agenda: Janet Kopp, seconded by Laura Doll, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Phyllis Byrne, Laura Doll, Marti Everts, Nancy Flood, Robert Jensen, Polly Jones, Janet Kopp, Hjordis Olson, Evelyn Propp, Shirley Sweet, Doris Thom, Supervisor Terry Thomas, Ellen Trewartha, Joan Wilson

Staff: Joyce Lubben, Rane Goodroad

Introduction of Visitors: Kim Whitford, Best Events; Becky Suehring, Nutrition & Health Associates.

Citizen Participation, Communications and Announcements: None

Approval of October 20, 2010 Minutes: Laura Doll made a motion to approve the October 20, 2010 minutes, seconded by Janet Kopp. Motion carried.

Staff Report:

Summary of 2010 Participant Satisfaction Surveys: Rane Goodroad shared results of the satisfaction surveys that were completed by both congregate and home delivered meal participants. Of the congregate surveys, 161 were returned; 42 home delivered meal surveys were also returned. Discussion followed.

Old Business:

Senior Fair Lunch Update: Rane Goodroad stated that 310 individuals were served a meal at the Rock County Senior Fair. There was discussion on how to improve sanitation and portion control and how to improve the flow of traffic.

MMIS Project: Ms. Goodroad reported that final details are being worked out so that this prescription drug review project can go forward.

New Business:

Congregate Holiday Events: Rane Goodroad stated that Milton is planning a holiday meal on December 15, 2010.

Reports:

Dining Center Visits: Doris Thom, Marti Evers, Nancy Flood, Joan Wilson, Ellen Trewartha, Phyllis Byrne and Janet Kopp provided reports on their visits to congregate dining centers.

Rebecca Suehring, Nutrition and Health Associates: Ms. Suehring reported that she signed up approximately 12 people at the Senior Fair for the Healthy Eating for Successful Living in Older Adults workshop. She is conducting more home visits at this time. Her nutrition topic at the dining centers is the difference between the “sell by” and “use by” dates.

Kim Whitford, Best Events: No report.

Adjournment: A motion was made by Laura Doll to adjourn, seconded by Hjordis Olson. Meeting adjourned at 11:20 a.m.

Minutes not official until approved by the Nutrition Advisory Council.