

**RESOLUTION
ROCK COUNTY BOARD OF SUPERVISORS**

Education, Veterans & Aging
Services

INITIATED BY

Education, Veterans & Aging
Services

SUBMITTED BY



Joyce Lubben
DRAFTED BY

October 1, 2013
DATE DRAFTED

**AMENDING THE 2013 COUNCIL ON AGING BUDGET TO ACCEPT ADDITIONAL NSIP
AND TITLE III-D FUNDS**

1 **WHEREAS**, additional Nutrition Services Incentive Program (NSIP) funds have been awarded to the
2 Council on Aging for the congregate nutrition program; and,

3
4 **WHEREAS**, the Council on Aging has received a "special projects award" from the Greater Wisconsin
5 Agency on Aging to collaborate with the Community Academic Aging Research Network in offering a
6 wellness project for older adults to reduce sedentary time.

7
8 **NOW, THEREFORE, BE IT RESOLVED** by the Rock County Board of Supervisors duly assembled
9 this 24th day of October, 2013 does hereby accept the additional NSIP and Title III-D
10 funds and amends the Adopted 2013 Rock County Council on Aging budget as follows:

<u>Account/Description</u>	<u>Budget at 10/01/2013</u>	<u>Increase (Decrease)</u>	<u>Amended Budget</u>
<u>Title III-C-1 Nutrition Program</u>			
<u>Source of Funds</u>			
30-3903-0000-42102 Federal Aid – NSIP	41,796	1,545	43,341
<u>Use of Funds</u>			
30-3903-0000-63408 Program Supplies	5,146	1,545	6,691
<u>Title III-D (Health Promotion)</u>			
<u>Source of Funds</u>			
30-3908-0000-42100 Federal Aid	11,262	8,000	19,262
<u>Use of Funds</u>			
30-3908-0000-64604 Program Expense	0	8,000	8,000

13-10B-431

Respectfully submitted,

Education, Veterans & Aging Services Committee

Terry Thomas
Terry Thomas, Chair

Wayne Gustina
Wayne Gustina, Vice Chair

Steve Howland
Steve Howland

Edwin Nash
Edwin Nash

Absent
Rick Richard

Finance Committee Endorsement

Reviewed and approved on a vote of 4-0

Mary Mawhinney
Mary Mawhinney, Chair

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FISCAL NOTE:

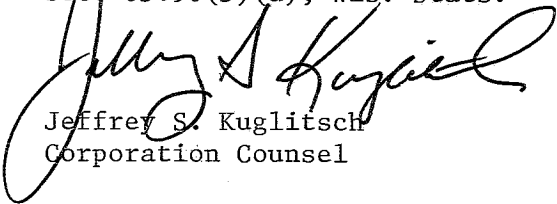
This resolution authorizes the acceptance and expenditure of \$9,545 in Federal Aid for Council on Aging programs. No County matching funds are required.



Sherry Oja
Finance Director

LEGAL NOTE:

The County Board is authorized to accept grant funds pursuant to sec. 59.52(19), Wis. Stats. As an amendment to the adopted 2013 County Budget, this Resolution requires a 2/3 vote of the entire membership of the County Board pursuant to sec. 65.90(5)(a), Wis. Stats.



Jeffrey S. Kuglitsch
Corporation Counsel

ADMINISTRATIVE NOTE:

Recommended.



Craig Knutson
County Administrator

EXECUTIVE SUMMARY

The Council on Aging receives federal Nutrition Services Incentive Program (NSIP) funds to support the congregate nutrition program. Allocations are estimated during the budget preparation process and now final allocations for the contract period of October 1, 2012 through September 30, 2013 have been received.

The Council on Aging has been chosen to collaborate with the University of Wisconsin Medical School in a Community Academic Aging Research Network project that will offer to older adults the opportunity to be part of a small research project testing the effects of reducing sedentary behavior. The research will test the association between total sedentary time (evaluated over a one-week period with objective monitoring devices), up-to-down transitions, and patterns of sedentary time with various measures of health including physical function, quality of life, and grip strength. It is hoped that the research study will prove a positive correlation between less sitting time and improved health indicators. The project will take place from October 1, 2013 to December 31, 2013.

No county funds are required.