

**RESOLUTION
ROCK COUNTY BOARD OF SUPERVISORS**

Human Services Board
INITIATED BY

Human Services Board
SUBMITTED BY



Lance Horozewski,
CYF Division Manager
DRAFTED BY

February 26, 2016
DATE DRAFTED

Amending the 2016 HSD Budget to Accept the Women's Fund Grant

- 1 **WHEREAS**, the Children, Youth and Families Division seeks to provide evidence-based mental health
- 2 treatment to high-risk girls; and,
- 3
- 4 **WHEREAS**, Rock County will implement a comprehensive Dialectical Behavior Therapy (DBT)
- 5 program; and,
- 6
- 7 **WHEREAS**, DBT will target young females involved with child welfare and/or juvenile justice; and,
- 8
- 9 **WHEREAS**, DBT will address substance abuse, suicidal behaviors, running away, emotion
- 10 dysregulation, unstable interpersonal relationships, exploitation and victimization; and,
- 11
- 12 **WHEREAS**, DBT will offer weekly individual therapy, weekly group therapy, 24-hour crisis response
- 13 and clinical peer consultation; and,
- 14
- 15 **WHEREAS**, the length of treatment is 26-32 weeks and the overarching goals are to engage and retain
- 16 girls in treatment and decrease symptomatology by acquiring new skills; and,
- 17
- 18 **WHEREAS**, this program works to keep girls with their families and potentially avoid stays in mental
- 19 health hospitals, at the YSC and in residential treatment facilities; and,
- 20
- 21 **WHEREAS**, the DBT program aligns with the CYF mission and values, and is an excellent complement
- 22 to other programs in the Department.

23
24 **NOW, THEREFORE, BE IT RESOLVED** by the Rock County Board of Supervisors duly assembled
25 this 24th day of March, 2016, accepts \$10,000 in funding from the Women's Fund to
26 assist in provision of the DBT program.

27
28 **BE IT FURTHER RESOLVED**, that the 2016 Humans Services budget be amended as follows:

Account/Description	<u>Budget</u> <u>2/25/16</u>	<u>Increase</u> <u>(Decrease)</u>	<u>Amended</u> <u>Budget</u>
Source of Funds:			
36-3646-0000-46002	\$0	\$10,000	\$10,000
Other Grants & Contracts			
Use of Funds:			
36-3646-0000-64200	\$3,025	\$10,000	\$13,025
Training			

16-3B-509

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Respectfully submitted,

HUMAN SERVICES BOARD

Brian Knudson
Brian Knudson, Chair

Sally Jean Weaver-Landers
Sally Jean Weaver-Landers, Vice Chair

ABSENT
Terry Fell

Linda Garrett
Linda Garrett

William Grahn
William Grahn

Ashley Kleven
Ashley Kleven

Kathy Schulz
Kathy Schulz

Terry Thomas
Terry Thomas

Shirley Williams
Shirley Williams

FINANCE COMMITTEE ENDORSEMENT

Reviewed and approved on a vote of

5-0

Mary Mawhinney
Mary Mawhinney, Chair Date

FISCAL NOTE:

This resolution authorizes the acceptance and expenditure of \$10,000 in private funding from the Women's Fund. No County matching funds are required.

Sherry Oja
Sherry Oja
Finance Director

LEGAL NOTE:

The County Board is authorized to accept grant funds pursuant to sec. 59.52(19), Wis. Stats. As an amendment to the adopted 2016 County Budget, this Resolution requires a 2/3 vote of the entire membership of the County Board pursuant to sec. 65.90(5)(a), Wis. Stats.

Jeffrey S. Kuglitsch
Jeffrey S. Kuglitsch
Corporation Counsel

ADMINISTRATIVE NOTE:

Recommended.

Josh Smith
Josh Smith
County Administrator

Executive Summary

The Children, Youth and Families (CYF) Division seeks to provide evidence-based mental health treatment to high-risk adolescent girls. We will implement the first comprehensive Dialectical Behavior Therapy (DBT) program in Rock County. The service is targeted at young ladies involved with child welfare and/or juvenile justice with complex needs related to mental health, addiction, and behavioral problems. They often have experienced trauma such as abuse, neglect, exposure to violence, and significant loss, and are at greater risk of substance abuse, suicidal behaviors, running away, chronic emotion dysregulation, unstable interpersonal relationships, exploitation and victimization.

The DBT program will offer weekly individual therapy, weekly group therapy, 24-hour crisis response and clinical peer consultation. The treatment length is 26-32 weeks. The overarching goals are to engage and retain the adolescent girls in treatment and decrease their symptomatology by acquiring new skills. Providing this program in Rock County will keep the girls with their families and potentially avoid stays in mental health hospitals, at the Youth Services Center and in residential facilities. The DBT program aligns with the CYF mission and values, and is an excellent complement to other best practice initiatives such as Functional Family Case Management and Trauma Focused – Cognitive Behavioral Therapy.