

URGENT MEMORANDUM

DATE: March 17, 2021

TO: Rock Haven Residents and Families

FROM: Sara Beran, Interim Nursing Home Administrator

RE: One Positive Staff Member and Important Guidance

Dear Rock Haven Residents and Families:

Rock Haven would like to share that we have had one staff member test positive for COVID-19. This staff member worked on Sandstone West but all residents remain well at this time. We're currently following all Centers for Disease Control and Prevention (CDC) guidance, as well as, guidance from the Centers of Medicare and Medicaid Services (CMS). This includes all staff members adhering to the "Criteria for Return to Work for Health Care Personnel with Confirmed or Suspected COVID-19" guidance issued by the CDC before returning to work. In addition, all residents who experience signs or symptoms of COVID-19 are immediately quarantined to their room pending a negative COVID-19 test and improvement in signs and symptoms.

We are continuing to follow the practices below to ensure the safety of residents and staff:

- All residents and staff will be tested twice weekly for COVID-19;
- Prior to each shift, staff wash their hands, take their temperature, and answer a series of questions to ensure they are not exhibiting any known COVID-19 symptoms;
- Staff are required to participate in hand washing and personal protective equipment audits;
- We conduct a rigorous sanitation regimen that follows, and in some cases exceeds, all state and federal guidelines. This includes increasing the daily volume of cleaning done in common, medical and residential areas. All protective and medical equipment are thoroughly cleaned and disinfected according to manufacturer instructions;
- Residents and staff maintain 6 feet of social distance when not providing direct care and all gatherings are limited in size;
- Lastly, all staff will wear procedure masks and unvaccinated employees will wear a mask and face shield for the entirety of their shift, and residents are encouraged to remain in their rooms, wear a mask outside their room and are monitored 3x per day for newly onset respiratory symptoms.

Due to the recent outbreak, indoor visitation will be cancelled until one round of COVID-19 testing for all residents and facility staff has been completed. We are expecting results as soon as March 22, 2021. The beauty shop will also be closed until then. If there are no positive residents or staff from this testing, the unaffected units may participate in indoor visitation and the beauty shop. Sandstone West is considered affected and therefore cannot participate until March 29, 2021. This is based on CMS memo QSO-20-39-NH Revised and public health guidance.

We are encouraging families and friends to continue to utilize technology to visit with residents. Please contact our social worker – Gail Sullivan (608) 757-5325 to schedule a visit through FaceTime, Zoom, Google Duo, phone calls, window visits, and emails.

We will provide updates on our test results when they are available. Please feel free to contact me with any questions or concerns.

Thank you,

Sara Beran

Sara Beran, RN
Interim Nursing Home Administrator
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